

UNDERSTANDING AND RESPONDING TO CHILDHOOD ANXIETY

THURSDAY 12TH JUNE
9:30-10:15AM
MARIA REGINA SCHOOL HALL

Register for our free parent information session with Angela Stewart, Maria Regina, Avalon's School Counsellor, who will discuss anxiety and how best to support your child.

Key topics discussed will be:

- 1 School counselling at CSBB
- 2 What is anxiety?
- 3 Anxiety disorders in children
- 4 Separation Anxiety
- 5 What to watch out for
- 6 Helpful and not so helpful responses
- 7 When and where to seek assistance

Please register for this event [HERE](#)