

# VACATION CARE PROGRAM

**Term 1 2024**

Maria Regina Catholic School, Avalon

Hours: 8am – 4pm

P: 0421 864 243

E: [oshc.avalon@catholiccareddb.org.au](mailto:oshc.avalon@catholiccareddb.org.au)

## **BOOKINGS & GENERAL INFORMATION**

Our vacation care service operates between 8am – 4pm for children up to 12 years old who are currently enrolled in primary school. We are licensed to enroll 45 children per day and are required as per regulations to maintain the approved staff to child ratio at all times.

We are excited to share with you our Term 1 vacation care program. We have planned our vacation care program to offer children the time to relax and have fun and to reconnect with their peers and make new friendships.

Considering the ever changing COVID-19 and influenza, we wanted to note that Maria Regina Vacation Care is focused on the safety and wellbeing of the children, families and staff and we will be taking precautions at this time.

As the safety, health and wellbeing of our students and staff is paramount, we will continue to monitor and respond to the advice from relevant government and health authorities. Staff will be vigilant regarding cleaning and hygiene, also supporting children to do the same. Risk assessments have been completed for both your service and our vacation care program and we welcome families to request these from your service supervisor for your review.

The vacation care program has been planned thoughtfully, with fun in mind, and with consideration of the current recommendations from government and health authorities. We will be conducting incursions and excursions and will always consider the safety, health and wellbeing of our children in planning these activities.

### **STAFF**

Educators are employed because of their experience and knowledge in childcare and all educators are involved in ongoing training. At the parent sign in area, you will find the details of which educator is in charge between the hours of 8am – 4pm.

### **AM I ELIGIBLE TO RECEIVE CHILD CARE SUBSIDY (CCS) DURING VACATION CARE?**

The Centre is approved for the Child Care Subsidy. You must have a formalised account with the centre to receive your fee reduction.

The new package helps parents with children aged 0 – 13 work, train, study and volunteer. It includes a new Child Care Subsidy, which replaces the current Child Care Benefit and Child Care Rebate. It will be paid directly to services. You'll need to complete a Centrelink Child Care Subsidy if you haven't already. You can complete your assessment through [MyGov](#) using your Centrelink online account or via the Express Plus Centrelink mobile app.

### **HOW DO I MAKE A BOOKING?**

Please complete the booking form. If booking for the first time, you'll need to also complete an enrolment form.

### **WHAT ARE THE FEES AND CHARGES?**

Incentre cost is \$64.00 per day, additional costs depending on the Incursion or Excursion will be reflected in the program.

### **WHAT DO I NEED TO KNOW ABOUT EXCURSIONS?**

Excursions are planned and focus on the interests of children enrolled at the service. Risk assessments are completed by the coordinator in consultation with Catholic Care to ensure that the safety of all children is maintained at all times. Excursions are staffed at a staff to child ratio of 1:10 and 1:5 for water-based experiences. The ratios will change based on the needs of the children and the excursion. This will be indicated on the risk assessment.

Information pertaining to excursions will be provided on the permission forms and parents/carers are welcomed and encouraged to read the supervision and risk assessments completed by the service.

### **MEALS**

Families are to provide adequate food for their children enrolled in the vacation care program unless otherwise specified on the permission form. Please do not send any food that requires heating as we do not have the facilities to do so (We are not permitted to reheat food due to Regulations). Children tend to get quite hungry as they are constantly active, and we encourage parents to pack extra food for their child.

We will be serving the children some fruit as part of the afternoon tea.

Due to the severity of some children's allergies, we are an allergy aware service and encourage all our families to support us to keep all our children safe.

If your child has allergies or dietary restrictions, please make an appointment to discuss with staff prior to vacation care.

### **PROGRAMMING & EVALUATION**

During each school holiday period children are asked to provide ideas and comments for the current and next school holiday program. Evaluations can be found in our daily evaluation and daybook located on the sign on desk which is located at the entrance to the service.

### **WHAT SHOULD MY CHILD WEAR & SUN SAFETY INFORMATION?**

Please make sure to clearly label all items of clothing. It is important to ensure that your child is dressed appropriately for the weather and the daily activities.

Maria Regina Vacation Care endorses the Cancer Council's 'Sun Safe OOSH' Policy. Under this policy, a daily UV check is conducted, and at times where the UV level is above 3, SPF 50 sunscreen is applied every 2-3 hours. Children are also required to wear sun safe clothing, including a broad brimmed, bucket style or legionnaire hat, and clothing which covers their shoulders. Singlets and caps are not sun safe clothing. If your child attends Vacation Care without appropriate sun safe clothing, they will be provided with a hat/ shirt. Children must also wear sensible shoes for walking and playing (i.e. enclosed shoes or strap-on sandals and bring a jumper or a jacket and drink bottle each day. Thongs and slip-on style shoes are not permitted.

Children must have a hat to wear each day as per our sun safe policy. Please ensure that sunscreen is applied before your child attends vacation care. Educators will ensure that sunscreen is applied throughout the day. If you prefer that your child use a different sunscreen to the one provided by CatholicCare please ensure they have it in their bag and educators will remind them to apply it.

### **WHAT IF MY CHILD NEEDS MEDICATION?**

Prescription medication can only be administered by educators with written permission from the parent/guardian. This is actioned by completing a medication form available at the VAC service.

Medication must be handed to an educator in its original packaging with the prescribed dosage information and use-by date. Non-prescription medication cannot be administered by educators, as per CatholicCare policy.

For further information, please see the Centre Coordinator or email the service at [oshc.avalon@catholiccareddb.org.au](mailto:oshc.avalon@catholiccareddb.org.au)

# VACATION CARE APRIL 2024

Maria Regina Catholic School, Avalon

8.00am – 4.00pm

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CatholicCare  
Diocese of Broken Bay



MONDAY  
15 APRIL

## WILDERNESS ADVENTURE

Attention explorers! Get ready to embark on an epic wildlife adventure day where the unknown awaits. Grab your binoculars and khaki hats as we journey into the heart of the Savannah right here at vacation care!

\$ INCENTRE  
\$80.00



TUESDAY  
16 APRIL

## UNDER THE SEA DAY

Dive deep into the enchanting world beneath the waves with our thrilling under the sea day at vacation care! Join us for an immersive experience where the mysteries of the ocean come to life.

\$ INCENTRE  
\$80.00



WEDNESDAY  
17 APRIL

## SCIENCE EXPERIMENTS

Unleash your mad scientist on this explosive day – filled with science experiments, and fun! Learn all about the principles of chemistry, physics, biology, and more, in a safe and exciting environment.

\$ INCURSION  
\$96.00



THURSDAY  
18 APRIL

## SPACE EXPLORATION

Prepare for an interstellar journey unlike any other as we blast off into the boundless universe in space. Join us for an exhilarating adventure where the mysteries of outer space are unveiled and we discover the unknown...

\$ INCENTRE  
\$80.00



FRIDAY  
19 APRIL

## PIRATES AHOY!

Ahoy, mateys! It be time to hoist the Jolly Roger and set sail on a swashbuckling adventure during pirate day at vacation care! Join us for a day filled with high-seas excitement and pirate-themed fun, craft and games!

\$ INCENTRE  
\$80.00

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**MONDAY**  
**22 APRIL**

### **SUPERHEROES VS SUPERVILLAINS**

Get ready to don your capes, masks, and expand your imagination as we dive into a world of heroics and villainy. Join forces with friends, face off against dastardly foes, and let your heroic spirit soar on this unforgettable day of action-packed adventure.

**\$ INCENTRE**  
**\$80.00**



**TUESDAY**  
**23 APRIL**

### **AROUND THE WORLD DAY**

Prepare to travel across continents and explore exotic cultures through captivating crafts and games. From crafting passports to tasting global cuisines, each activity promises to immerse you in the wonders of our diverse world.

**\$ INCENTRE**  
**\$80.00**



**WEDNESDAY**  
**24 APRIL**

### **MOVIES**

Join us at the silver screen, grab your popcorn and let's get comfy! Don't miss out on the fun – grab your friends and join us for a day of blockbuster entertainment.

**\$ EXCURSION**  
**\$96.00**



**THURSDAY**  
**25 APRIL**

### **PUBLIC HOLIDAY**

We are closed today for ANZAC Day. We look forward to seeing you tomorrow.



**FRIDAY**  
**26 APRIL**

### **TIE-DYE DAY**

Unleash your inner artist as we transform ordinary into extraordinary. Decorate your own groovy accessories as our tie-dye day promises a splash of creativity and a burst of fun and colour!

**\$ INCENTRE**  
**\$80.00**

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**MONDAY**  
**29 APRIL**

## MOVIE & PYJAMA DAY

Slip into your comfiest pyjamas and join us for a day of cinematic delight and relaxation. From crafting movie-themed props to playing film trivia games, every moment promises excitement and laughter. Grab your popcorn and get ready for a day of blockbuster entertainment!

**\$ INCENTRE**  
**\$70.00**



**WE LOOK FORWARD  
TO SEEING YOU AGAIN  
NEXT TIME!**

## TERM 1 2024 VACATION CARE BOOKING FORM

A risk assessment of all excursions is carried out and a printout is available at the service. I \_\_\_\_\_ give permission for my children

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_ 4. \_\_\_\_\_

To participate in the following activities, under the supervision of the staff at Maria Regina Vacation Care. I have read and understood and agree to abide by the conditions set out in the information sheet. I understand that any offsite transportation will be via bus departing from Maria Regina Vacation Care and returning by bus to Maria Regina Vacation Care. I understand that my child/ren must be at the centre by the requested time. I will allow staff to take photographs of my child/ren for the purposes of programming and display within the centre only.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Date	Tick if attending	Activity	Location	Cost	Travel	Departing	Returning	No. children approx.	Staff: child ratio	No. staff attending	Responsible person duty
Monday 15 <sup>th</sup> April		Wilderness Adventure	OSHC	\$80.00	NIL	N/A	N/A	8	1:15	2-3	Anna Dimitrov
Tuesday 16 <sup>th</sup> April		Under the Sea Day	OSHC	\$80.00	NIL	N/A	N/A	10	1:15	2-3	Anna Dimitrov
Wednesday 17 <sup>th</sup> April		Science Experiments (Incursion)	OSHC	\$96.00	NIL	N/A	N/A	15	1:15	2-3	Anna Dimitrov
Thursday 18 <sup>th</sup> April		Space Exploration	OSHC	\$80.00	NIL	N/A	N/A	12	1:15	2-3	Anna Dimitrov
Friday 19 <sup>th</sup> April		Pirates Ahoy	OSHC	\$80.00	NIL	N/A	N/A	6	1:15	2-3	Anna Dimitrov
Monday 22 <sup>nd</sup> April		Superheroes vs Supervillains	OSHC	\$80.00	NIL	N/A	N/A	10	1:15	2-3	Anna Dimitrov
Tuesday 23 <sup>rd</sup> April		Around the World Day	OSHC	\$80.00	NIL	N/A	N/A	8	1:15	2-3	Anna Dimitrov
Wednesday 24 <sup>th</sup> April		Movies (Excursion)	Avalon Cinemas	\$96.00	Yes - walking	12:30pm	3:00pm	15	1:10	2-3	Anna Dimitrov
Thursday 25 <sup>th</sup> April	Closed – Public Holiday										
Friday 26 <sup>th</sup> April		Tie-Die Day	OSHC	\$80.00	NIL	Incentre	Incentre	6	1:15	2-3	Anna Dimitrov
Monday 29 <sup>th</sup> April		Movie & Pajama Day	OSHC	\$70.00	NIL	N/A	N/A	8	1:15	2-3	Anna Dimitrov