FROM THE PRINCIPAL

Public Speaking

Last Tuesday Year 6 students Maya and Cooper represented Maria Regina at the Peninsula North Public Speaking Finals at Sacred Heart Mona Vale. They were up against some very strong competition and both were outstanding in their presentation of their prepared and impromptu speeches. I am pleased to announce that Cooper received second place and will now go onto the Diocesan Finals which will be held at St Patrick’s at Asquith next Tuesday night at 7:00pm. Congratulations to you both and good luck Cooper on Tuesday night.

NAPLAN Results

The students in Year 3 and Year 5 received their NAPLAN results this week. The school results were very good and well above the state average. Congratulations to all students on a great effort.

Hair and accessories

Hair should be off the face at all times. It should be neatly cut and styled and not be hanging over the face or eyes. If a student’s hair reaches collar length it must be tied back. Girls hair ties: Navy, white or aqua ribbons. Headbands in school uniform fabric; winter scrunchies in uniform fabric.

This policy will be brought to the attention of all students next week and I ask for parental support in ensuring that all students hairstyles complement the school uniform. Thank you for your support in this matter.

Condolences

Please keep the Neasmith family in your prayers. Recently Sue’s sister Carol passed away. Our thoughts are with the family at his sad time.

NB: Sports Lessons will be in Monday next week. All Children to wear sports uniforms on Monday 24th August.
International Competitions and Assessments for Schools (ICAS) Competitions

Congratulations to the following students who received Certificates of Merit, Credit and Distinction awards in the ICAS Spelling Competition:

**Year 4**
- Patrick Credit
- Sophie Credit
- Jack D Credit
- Manon Merit

**Year 6**
- Thomas Distinction
- Maya Merit
- Harrison Merit

Social and Emotional Learning Workshops for Parents

Thank you to all the parents who attended the first Social and Emotional Workshop for parents. Carmel Hewitt from the Parent Education Team from the Catholic Schools Office facilitated the workshop which focused on why social and emotional learning is so important for children.

Social and emotional learning is about learning how to manage feelings, manage friendships and solve problems. These are essential life skills that support wellbeing and positive mental health. Social and emotional skills promote children's ability to cope with difficulties and help to prevent mental health problems. Children who have developed social and emotional skills find it easier to manage themselves, relate to others resolve conflict, and feel positive about themselves and the world around them.

**Wellbeing Week**

Next week is Wellbeing Week when we can slow down and spend more time with your family. See how many of the following tasks you can complete together.

<table>
<thead>
<tr>
<th>Play a board game together</th>
<th>Go for a family walk</th>
<th>Sit together while you eat dinner and chat about your day</th>
</tr>
</thead>
<tbody>
<tr>
<td>Read or listen to a story</td>
<td>Prepare dinner together</td>
<td>Do an art and craft activity together</td>
</tr>
<tr>
<td>Watch a movie together</td>
<td>Play a game outside together</td>
<td>Look through some family photo albums together</td>
</tr>
</tbody>
</table>

There is no other homelearning during Wellbeing Week.
FROM THE REC

Queenship of Mary – Maria Regina

Today we celebrated the feast day of The Queenship of Mary or "Maria Regina". We are blessed to have Mary as our patroness at Maria Regina.

Thank you to everyone who worked so hard to prepare the liturgy. As Bishop Bernard said, we can pray in many ways, with words, with music and with dance – and we did all three beautifully today.

Happy Birthday to Fr Robert for today (he’s away at the moment but we send him our best wishes) and to Bishop Bernard for Monday. We gave him a gift at Mass today. If you are at 9:00am Mass on Sunday morning, there will be a special morning tea to celebrate Bishop Bernard’s birthday.

Upcoming Events

Father’s Day Mass – Week 8

On Friday 4th September we will be celebrating Father’s Day with breakfast and a special Mass at 9:15. We traditionally have a special presentation with photos of the children with their fathers at Mass. If you would like to include a photo, please email it to me by Monday of Week 8 (31/8) at christine.dunk@dbb.catholic.edu.au

FROM THE OFFICE

NEED TO BE RETURNED

If you have any of the school’s white table cloths can you please return them? At this stage we do not have any and we did have 6. The table cloths will be needed for the Father’s Day breakfast. Please have a check and if you have them just drop them into Denise in the office. Thank you in advance.

SCHOOL FEE ACCOUNTS

Please ensure all accounts are up to date. If you had opted to pay by the three instalments the due date for payment was July 24. Parents paying by time payment, please make sure your payments are also up to date.

CANTEEN SOS

We need another volunteer for Monday. Even if you can only help from 9am to the end of recess 11.05am, that would be of great assistance. Please let me know either in person, on the phone or by email. Thank you in anticipation.

SCHOOL HATS

We have school hats in stock costing $20.00 in small, medium, large and extra-large. Due to health regulations we do not sell second hand hats.

SECOND HAND SCHOOL CLOTHING

We are very short of the larger sizes for both boys and girls. If you have any uniforms still in good condition that you no longer need could you please send them into the office. The second hand clothing pool is open on a Friday from 8.20am – 8.45am weather permitting.

COSTUMES

If you still have a costume at home from the school musical, can you please return it to school ASAP labelled with the child’s name and class. Thank you.

Denise Sprakel
Senior Administration Officer
Social Justice News - 'Books for Bree'
As part of our social justice outreach and in combination with Book Week, we have made a connection with St Patrick's Catholic Primary School in Brewarrina. The town is nearly 10 hours drive from Sydney, almost 800 km from us. This outback school has 53 students and three classes: 21 in K/1, 16 in 2/3 and 17 in 4/5/6. The school has an indigenous population of 60%.

In support of this country school, we have organised some special events with a Literacy focus which will enable us to send them books to add to their school library.

Firstly, we have arranged with Scholastic Books that for every book that is bought next week - they will give us another free book which we will send to Brewarrina.

Then in week 8 we are holding a book swap. Bring in up to 5 books that are in good condition for the swap stall. Then on Indigenous Literacy Day, Wednesday September 2nd, you can bring in a gold coin donation and grab some great new books!

The characters are familiar – even if the faces aren’t.
Children at St Patrick’s Brewarrina celebrating Book Week.

RECYCLABLES
As part of Book Week celebrations next Tuesday 25th August all students will be working in vertical learning groups K-6 completing fun activities connected to the theme - "Books light up our world".

One of the activities requires the children to create "light inspired sculpture using recyclables"

We need plastic bottles, lids, containers, egg cartons, coffee cups, and cardboard boxes. All recyclables can be delivered to your students classrooms.

Caitlin Remeeus

Book Fair
As you know Book Week will be celebrated next Tuesday 25th August. All students are to come dressed as their favourite book character. Additionally we will be hosting a Book Fair. If you can’t attend the Fair and wish to purchase books - an online option has been sent home with your child today. The books will be set up on Monday for the students to view.

Furthermore if you would like to donate new books to Brewarrina or Maria Regina library, please add a note to your online wish list receipt.

Regards,

Caitlin Remeeus
Peninsula Athletics Carnival
Congratulations to our school Athletics Team who performed so well at Wednesday’s Peninsula Athletics Carnival. It was a very successful day for our school and there were many outstanding performances on the day, highlighted by Thomas K (Year 6) winning the 100m, 200m and High Jump events, and also Jayden S (Year 4) in breaking the Peninsula Junior Shot Put record.

The following students will now go on to represent the Peninsula at the Broken Bay Carnival next Wednesday 26th August.

Kai B (800m)  
Harriet B (800m)  
Thomas K (100m, 200m, High Jump)  
Colm H (High Jump)  
Aiden F (Discus)  
Savannah B–W (High Jump)  
Joel N (High Jump)  
Jayden S (Shot Put)

We wish all of the students all the best for the upcoming Broken Bay carnival.

Maria Regina Athletics Carnival
Thank you to all of our parents and friends who attended our school athletics carnival. It was a great day and students were outstanding in their participation and effort. Thanks to our Sports Captains Harriet (Red), Savannah (Green) and Asher (Gold) for their outstanding job in leading their teams on the day and also for their preparation prior to the carnival.

Congratulations to Asher and Gold house for winning the carnival with 343 points. Red finished second with 327 points and Green in third on 287 points.

Thanks again to all our parent volunteers who helped on the day. The day could not run without your help and the staff and students really appreciate you giving up your time to help.

Huge congratulations to Thomas K and Harriet B on breaking long standing school records on the day. Harriet broke the senior 800m and 200m record and Thomas broke the senior 100m, 200m and equalling the high jump record. An outstanding achievement and we hope these records are around for many years to come.

The photos from our school carnival and also the Peninsula Carnival are up on our school Weebly. Click the link here

WYD 2016
Fathers Day Breakfast 2015

Dads, Grandads and Special family Friends
it’s that time of year again!!!
You are invited to the annual Maria Regina
Father’s Day Breakfast.

Friday 4th September from 7.30am in the undercroft
$10 per family

Followed by a special Father’s Day Mass at 9.15am

There will be a $5 Father’s Day stall for the children to purchase a gift for Dad.

To RSVP please fill in the form below and return to the school office with payment by Monday 31st August for catering purposes.

Family Name: ________________________
Number of Adults: ________________
Number of Children: ________________
$10 cash payment enclosed: [ ]

BIRTHDAYS

Lui
Dashiel
Lois

Do you want to make a difference in the lives of the people of Soibada?

___ Join us to celebrate our friendship and raise money for the Training Centre.
___ Tell your friends!
___ $35 per ticket
___ All profits go to the projects.
___ RSVP 26 August

29 AUGUST
FUNDRAISING COCKTAIL PARTY

Royal Motor Yacht Club, Newport, Saturday 29 August
Time: 17.30-19.30
Tickets: $35 by direct deposit into
ANZ BSB 012-222 Account 2504 69068 (please note your name)

Come and hear about our current projects as we launch our new website and latest fundraising campaign, “Buy a brick – build my future”

RSVP: Tamara 0403326669, Lux 0416082092, Sally 0404039878
www.pittwaterfriendssoibada.org

Sacred Heart Catholic School
Golden Jubilee Celebration
Saturday 17 October 2015 ~ 5.00pm

Mass with the Most Reverend Peter Comensoli
● Memorabilia Display ● Cake Cutting ●
Entertainment by the Sacred Heart Band and Choir

Sacred Heart Catholic Primary School
Cnr Waratah & Keenan Streets, Mona Vale ● Enquiries: 9999 3264