FROM THE PRINCIPAL

Staff Update
As previously informed Kate Wright has resigned from her permanent fulltime teaching position and leadership position of Religious Education Coordinator (REC) at Maria Regina. For the last 18 months Christine Dunk has been in the role of Acting REC at Maria Regina. Christine is returning next year to her permanent REC position at St John’s Narraweena. The permanent REC position at Maria Regina has been advertised and interviews will take place during August. We thank Christine for being such a dynamic part of the Maria Regina Community. We have been very fortunate to have had the opportunity to work with Christine who has been very generous not only with her time but sharing her expertise in the REC role and her experience in teaching and learning.

The Maria’s

A final note about The Maria’s is included at the end the newsletter and will also be sent home in hard copy. We are all looking forward to a spectacular performance next Wednesday Night.

Athletics Carnival
Athletics Carnival notes will be sent home today. Please return by next Friday 7th August.

Afternoon Pick up in front of Hall
In order to ensure a safe departure from the school, children who are to be picked up from in front of the hall are to remain inside the gate until an adult collects them.

Woolworths Earn and Learn
Woolworths Earn and Learn is back and you can support this program by collecting Earn and Learn Stickers at Woolworths. Once collected, the stickers can be stuck onto the Sticker Sheet that you can pick up from Woolworths or the School office. Place completed Sticker Sheets in the Collection Box in the office foyer. The more stickers we collect the more educational resources we will receive.

SCHOOL CALENDAR

<table>
<thead>
<tr>
<th>3 August</th>
<th>4 August</th>
<th>5 August</th>
<th>6 August</th>
<th>7 August</th>
<th>8 &amp; 9 August</th>
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<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>7pm School Musical</td>
<td>Dance Fever</td>
<td>Feast of Mary McKillop</td>
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FROM THE ACTING ASSISTANT PRINCIPAL

Dance Fever

Dance Fever has started and the children are participating enthusiastically. This year the children are learning a variety of individual and partner dances including Hip Hop, the Pasodoble and the Samba. Our Dance Fever instructors, Hayley and Danny are very impressed with the children's participation, positive attitude excellent dancing skills. Don't forget the Dance Fever Spectacular for the Years 3-6 children takes place on Wednesday night, 9th September at Homebush.

PBL EXPECTATION OF THE WEEK:

The Power of Social & Emotional skills for Children’s Learning

Understanding the social-emotional development of primary school age-children

Social and emotional skills are important factors of well-being and social development. Children can learn some of these skills which help them manage friendships, work better with others and know how to be responsible for themselves and their emotions.

Social & Emotional Stages of Development
Brain development & Wellbeing

Week 1:
- Social & Emotional Stages of Development
- Brain development & Wellbeing

Week 2:
- How to develop & support your child’s social & emotional skills
- Practical application – strategies into action

Date: Week 1 - Thursday 27th August 2015
Week 2 - Thursday 3rd September 2015
Time: 8.45am
Venue: School Library

This is a Free workshop

RSVP: School Office by Monday 24th August
YES I will be attending

Date: Monday 10th August 2015
Time: 7pm
Venue: School Hall

This is a Free workshop

RSVP: School Office by Friday 7th August
YES I will be attending

Parent Name(s)
FROM THE REC

Reconciliation and First Eucharist
Enrolment for the Sacraments of Reconciliation and First Eucharist will take place at Maria Regina Church this weekend at both Masses – Saturday 5pm and Sunday 9am. The Sacrament is available to children in Year 3 and above.

Year 3 & 4 Family Mass
Years 3 and 4 will be hosting the 5pm Mass this Saturday, 1st August at Maria Regina Church. We are also planning some hospitality with a simple supper. Everyone is welcome to join us for this important celebration of our faith and gathering of our community.

Upcoming Dates
Week 3
Saturday 1st August
Years 3 & 4 will be hosting Family Mass at 5:00pm at Maria Regina Church

Week 4
Saturday 8th August
Feast of St Mary of the Cross Mackillop
We will celebrate with a liturgy at Assembly on Friday 7th at 8:45am

FROM THE OFFICE

<table>
<thead>
<tr>
<th>Week 4 3rd August</th>
<th>Week 5 10th August</th>
<th>Week 6 17th August</th>
<th>Week 7 24th August</th>
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<tbody>
<tr>
<td>Imelda Flynn Kea Price Skye Patterson</td>
<td>Imelda Flynn Sue Fisk Margarita Playoust Colley</td>
<td>Kea Price Sue Anderson Lani Saraswati</td>
<td>Vicky O’Neill Natasha Keogh SOS X 1</td>
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<tr>
<td>Week 8 31st August</td>
<td>Week 9 7th September</td>
<td>Week 10 14th September</td>
<td>Holidays</td>
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<td>Imelda Flynn Kea Price Kath Beynon</td>
<td>Imelda Flynn Elissa Neufeld Margarita Playoust Colley</td>
<td>Imelda Flynn Sue Fisk Cassie Preziuso</td>
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2015 Catholic World View Photo Competition for Peninsula Primary Schools

To upload your entry for this competition please go to The School Photographer website Home page www.theschoolphotographer.com.au and select the icon below.

Deadline for entries extended until 7th August (Friday Weekly)

You will then be asked to enter a password photocomp

Please select your school, browse for your image and select upload
Please ensure your file name includes StudentName Category PhotoName.jpg

Awards

K  Lachlan Ivy
1  Daniel Byron
2  Kai Xavier
3  Bella James B
4  Romy Joey
5/6 Earth  Jack Xavier

BIRTHDAYS
Charlie R Xavier H Noah
**Year 1 and Year 2 Excursion**

Yesterday Year 1 and Year 2 visited Avalon shopping village to learn more about workers in our community. We visited the Post Office, Avalon Village Meats, Labanette Bakery, Johnson Bros Mitre 10 and Avalon Beach Pharmacy.

**The Post Office By Sofia**

We were very excited to go to the Post Office as we had never been in the back before. We went in through a secret door in the carpark. We got to look at all the different packages and learn about the ways that letters are sorted. Mrs Labone even collected a package that was waiting for her. We got great prizes if we answered questions! My favourite part of the Post Office was when we saw people opening their PO BOX's from the outside and we could see their faces from the inside of the post shop.

**The Hardware by Xavier**

I've been to the Hardware lots of times but this time was a lot more fun as we got to mix paint. James taught us how we can make different colours by mixing tint with white paint. Our group made a yellow paint and the other group made 'Maria Regina’ blue. We also learnt about the old paint machine and how paint used to be mixed by hand. We were lucky to use the new machine as it was run by a computer.

**The Bakery by Charlotte**

I was really looking forward to the bakery because I love cakes. We went into the front of the shop and looked at the cupcakes and bread. Then we went into the back of the bakery where we saw Jimmi the baker making rolls. Fleur, the shop keeper told us about all the different things they make at the bakery. The best part of our bakery visit was eating a treat from there when we got back to school.

**The Butcher by Austin**

When we got to the butcher we walked around the back. I had never been in the back of the butcher before. When we walked in, there was a big pig hanging from the roof. Next we saw Col the butcher take all of the oxygen out of a bag of meat so that the meat could last longer. Then we went into the cool room and saw MORE meat! There was another pig and some sausages. My favourite part of the butcher was when Col talked into the pig like it was a microphone.

**The Chemist by Sam**

The chemist was interesting as we learnt what a pharmacist is. Jodi taught us how to use a puffer and showed us that many medicines are actually powers. Some need to be kept in the fridge. Jodi also showed us a mortar and pestle which is used to mix and mash different medicines. These were used in the olden days. My favourite part of the Chemist was knowing the things Jodi was talking about because my Mum is a doctor.

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**Save the Date...**

The Maria Regina Music Night is on again. Monday August 24th at 6pm in the school hall. More details to follow.
School Musical Details

This is it!
The M’Aria’s are almost here!
Here are some important details you will need.

Friday, 31st July

Students will attend a whole day rehearsal at Barrenjoey High School on the day of the Musical—Wednesday, 5th August. All students will wear their sports uniform on the day and will walk down to the high school with their teachers.

At this rehearsal, each child will be given his/her costume to bring home and change into before coming to the Musical at night.

The children do not wear makeup to the daytime rehearsal.
If you are not sure about any aspect of your child’s costume, please contact your child’s teacher ASAP.

All children will need to bring their morning tea and lunch in a labelled disposable bag and a water bottle with their name clearly marked.

On the night, all children are to meet on the basketball court outside the Barrenjoey High School Hall at 6:30pm SHARP to have their names ticked off by their teachers.
The Musical will begin at 7pm SHARP. Access to the hall is from the Tasman Road end. There is no parking permitted on the premises, there is however, street parking and parking adjacent to the school.

Costumes need to be returned after the Musical. Please wash all costumes in cold water before handing back to your class teacher.

We are looking forward to an exciting and memorable night.

Kind regards,
Lynne Pike and Alexis Conn
INVITATION
TO ALL CATHOLICS AND NON-CATHOLICS
INTERESTED IN LEARNING ABOUT OUR FAITH

Jesus once asked his disciples this question: Who do people say the Son of Man is? (Mt 16:13)

It is Peter who spoke up but what would our answer be?

Jesus invited people who wanted to know him on a journey with him to find out who he really was, what he was teaching and where many of their burning life questions would be answered.

Our RCIA team would like to invite you on a journey as well, where we learn how the story of Jesus unfolds, how he has touched us and how we got to know him through our Catholic tradition of 2000 years.

In a series of evening sessions we explore the story of Jesus and his teachings through our Church, the Bible and our tradition, and in this process we discuss some of life’s deeper questions such as:

- What does it mean to be Catholic today?
- How does God communicate with us?
- How can we have a personal relationship with Jesus and why is it important?
- What can the Bible tell us today and what do we really believe?
- How is God present in my life?
- Do I love how Jesus loved me? How can I?
- Why should I pray and how can I?
- What is the Paschal Mystery?

We draw from our rich Catholic tradition and hope that we will be able to impart our enthusiasm to as many Catholics and Non-Catholics alike.

Our new RCIA program (Rite of Christian Initiation of Adults) starts on September 1 or September 2 (to be advised) at 7.30pm in the Parish Hall of our Sacred Heart Church in Mona Vale.

For further information please call the Parish Office (9997 7311).

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Dr Justin Coulson
FREE SEMINAR for
Parents & Carers

What Your Child Needs From You

There are endless do’s and don’ts that surround parenting. In this practical seminar, Dr Justin will take you from confusion to clarity by sharing essential strategies to get to the heart of raising a happy child and creating a connected family.

"Justin is an engaging presenter and an effective communicator. His stories had me laughing and nodding in agreement – he really gets it! The real life examples really do help parents."

Dr Justin Coulson, father of 6, is one of Australia’s most respected parenting speakers, authors and researchers. He is the founder and owner of ‘Happy Families’ and has written a number of popular books about parenting and happiness.

Dr Justin appears regularly on The Project and Studio 10, and is the parenting expert at Kidspot and the Daily Telegraph.

Tuesday
18 August
7 - 9 pm

Our Lady of Good Counsel Catholic School
11 Currie Rd, Forestville

Proudly presented by...
Broken Bay Diocesan Parent Council (DPC)
RSVP: www.bbdpc.org.au
Your School Your P&C Your DPC