FROM THE ACTING PRINCIPAL

Dear Parents

I would like to thank the children teachers and parents for the warm welcome you have given me since I arrived as Acting Principal at Maria Regina almost two weeks ago. It has been an exciting time for me as I get to know so many new people. For those who don’t know me I am a retired Catholic school principal and I have previously worked on the Peninsula as principal at St Rose, Collaroy Plateau, St Johns Narraweena and St Kevin’s Dee Why. Since retiring, I have had the privilege of working in a variety of Catholic schools in the Broken Bay diocese and in country New South Wales.

The most rewarding part of this role has been getting to know new school communities and Avalon is proving to be no exception. The sunny, delightful children, dedicated and professional staff and generous, welcoming parents are making my time here most enjoyable. The Athletics Carnival last week showcased these community attributes. I was particularly impressed by the sportsmanship and mutually encouraging attitudes of the children who unselfconsciously cheered for their classmates when they won and kindly picked up and commiserated with those who fell behind. I also appreciated the teachers and parent volunteers who worked together so well to ensure everyone had a great day.

I have set a goal for myself of learning every child’s name during the five weeks I am at Maria Regina and children are helping me by testing me every chance they get. So far I’m scoring about 30% but I’m hoping to improve with further practice over the next few weeks.

Athletics Carnival

As I mentioned already, the Athletics carnival was a great day thanks to the preparation, organisation and hard work of Mrs Conn and teachers and parents. This week we have been conducting the discus events which were not staged at the carnival. We had intended to complete the High Jump events today but unfortunately, due to insufficient apparatus and safety equipment at the school, we will have to postpone this event while we investigate to see if a suitable safe alternative can be organised. We will keep you informed.

Feast of St Joachim and St Anne

On Tuesday we celebrated the feast day of St Joachim and St Anne when our Catholic tradition honours the parents of Mary and the grandparents of Jesus. It’s a good time for us to reflect upon the gift of grandparents, as well as other significant elders in our community and families, who assist us in bringing up our children.

It’s a good time to pray this Irish prayer:

Heavenly Father, We pray that Grandparents bestow upon their grandchildren the strength and wisdom that time and experience have given them.

And we pray that grandchildren bless their grandparents with a youthful vitality and innocence that help them stay young at heart for ever.

Together we create a chain of love linking the past with the future.

This chain may lengthen, but it will never part.

On the last day of term, Friday 23rd September, the school will celebrate its grandparents and significant elders with a special Mass and morning tea. In the meantime, I’m looking forward to meeting more grandparents, parents and carers over the next few weeks,

Yours sincerely
Peter Rafferty
Acting Principal

Condolences

Please remember Alison, Irwin, Harry and Tom Brinkley (Year 5/6O) on the recent loss of Alison’s father David Coffey and Catherine, Alex, Jack (Year 5/6O) and Charles Riches (Year 1) on the recent loss of Catherine’s father Tony Esmith.
FROM THE REC

A final reminder about the 2016 Bishop’s Religious Visual Art Prize.

The 2016 Bishop’s Religious Visual Art Prize is open to all students enrolled in Catholic primary and secondary schools in the Diocese of Broken Bay. Artworks may be in one of the visual arts media including painting, drawing, print photography etc. The artwork must be inspired by a spiritual person, event, passage or theme.

The students are encouraged to consider creating an artwork inspired by the theme *Our Merciful God—Celebrate the Jubilee Year of Mercy* for example Luke 10:25-37 The Parable of the Good Samaritan or Luke 15: 11- 32 The Parable of the Prodigal Son and his Brother.

Artworks judged as Finalists from Maria Regina will be submitted to the Diocese for judging. Entries need to be submitted to school by Friday 5th August (term 3, week 3) if you would like to enter the competition. Please see Mrs Labone for more information.

**Upcoming events**

Thursday 4th August  
Year 5 and Year 6 will be attending the Parish Mass at 9.15am.
Year 3 will be attending Reconciliation at 10.00am.

Saturday 6th August  
Kindergarten, Year 1 and Year 2 Family Mass at 5.00pm in Maria Regina Church.

Please join us for these important events Parish events.

**World Youth Day**

If you would like to keep up with the events of the Pittwater Parish World Youth day Pilgrimage you can follow the group on facebook by clicking on the following link. Please continue to keep the pilgrims in your prayers.

[https://www.facebook.com/wyd16salvatoriansaustraliapilgrimage/](https://www.facebook.com/wyd16salvatoriansaustraliapilgrimage/)

For live streaming of the major events of Word Youth Day please read the following information.

**AUSTRALIAN GATHERING**

Tuesday 26 July: (This will be a delayed broadcast)
Krakow 11.30pm; Sydney 7.30am (27 July)

**OPENING MASS**
Tuesday 26 July
Krakow 5:30pm; Sydney 1:30am (27 July)

**WAY OF THE CROSS**
Friday 29 July
Krakow 6.00pm; Sydney 2.00am (30 July)

- **PRA YER VIGIL WITH YOUTH**
Saturday 30 July
Krakow 7:30pm; Sydney 3:30am (Sunday 31 July)

- **FINAL MASS**
to mark the end of World Youth Day
Sunday 31 July
Krakow 10.00am; Sydney 6.00pm
**FROM THE OFFICE**

**SCHOOL FEES**
If you had indicated that you would be paying your school fees by the three schedule payments, just a reminder that the last installment is due today 29/7/16. Parents paying by time payment, please ensure your payments are up to date. We need families to pay their fees when they had indicated so we too may pay our commitments.

**SCHOOL UNIFORMS**
There are a number of students wearing different jumpers, track suit pants and hats. We have in stock school hats, school jumpers, sports tee shirts and shorts. The winter track suits can be purchased from Pickles. Remember on a Tuesday Sarah opens the clothing pool from 8.15am – 9.00am.

**LOST JACKET**
A labelled jacket has been lost and it would be appreciated if everyone would take the time to check that your child is wearing the correct article of clothing.

**SECOND HAND CLOTHING**
Please remember when you purchase an item of clothing from the clothing pool make sure you mark the item with your child’s name.

**PAPER WORK NOT RECEIVED**
On Wednesday families who still needed to send in Birth, Baptismal and up to date Immunisation Certificates were sent notification requesting that the paperwork be sent to the office by Monday August 1. If you received a reminder note please send in the necessary papers. The school office is required by the Government and the School Auditors to have all necessary paperwork up to date.

**FRIDAY AUGUST 5**
This is Census Day for the school. **The office will be closed from 9:00am - 12 midday.** Please be aware during this time if you phone the school your call may go to voice mail until the entire census is completed.

There is a Canteen Roster attached to this week’s newsletter.
Please make sure you are aware of your rostered day............. Thank you

Denise Sprakel
Senior Administration Officer

**CANTEEN ROSTER**
A big thank you to all our canteen volunteers for all your help and support in term 2, it is very much appreciated. The term 3 roster is attached. May we ask you to check and note down your rostered day. If you are unable to make your canteen day we kindly ask that you either swap or replace yourself with another volunteer.

If this is not possible please contact either Kay or Marie ASAP.
Also, for parents that have not yet volunteered but would like to support the canteen in term 3 or 4 please contact us anytime.
Kay and Marie

---

**BIRTHDAYS**
- Liam C
- Jack M
- Kyle J
- Cody J
- Leah H
- Amber C
- Ethan McK
- Raphael
- Orlando
- Monty
- Pippa
- Georgie G
- Abby
- Charles R
- Xavier H

---

<table>
<thead>
<tr>
<th>K</th>
<th>Macy</th>
<th>Chloe</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Monty</td>
<td>Lulu</td>
</tr>
<tr>
<td>2</td>
<td>Mikkel</td>
<td>Cooper</td>
</tr>
<tr>
<td>3</td>
<td>Chloe</td>
<td>Sam</td>
</tr>
<tr>
<td>4</td>
<td>Jamie</td>
<td>Jai</td>
</tr>
<tr>
<td>5/6 Earth</td>
<td>Aiden</td>
<td>Stella Rose</td>
</tr>
<tr>
<td>5/6 Ocean</td>
<td>Maxine</td>
<td>Ethan</td>
</tr>
</tbody>
</table>
Congratulations to Macy, Estelle and Miki in Kindy, Charlie in year 2, Anna in year 4 and Sarah and Jack in year 6 for completing the PRC. The PRC is coming to an end soon so if you haven’t finished yet, come and see me for some extra books!

For those who would like an extra challenge, Dymocks Books runs a great program called ‘Book Bonus.’ Scroll down to the bottom of the PRC home page and click on the link for more details. So far our participating students have raised over $1500!


This week in library we continued with our Thursday lunchtime Science Club. This week we made towers out of marshmallows and spaghetti! It was lots of fun! Next week we will be constructing interesting bridges, so please come along!

If you have any magazines/ catalogues at home that are no longer needed could you please drop them off to the library, there will be a white box outside the library door.

Watch this space over the next few weeks for important and exciting information regarding Book Week!

Happy Reading
Mrs Alexis Conn
alexis.conn@dbb.catholic.edu.au

Congratulations to all the students who participated so well in our Athletics carnival last Friday. It was a great day and we were so lucky the sun was shining for us!

A huge thank you to all the parents and staff who helped on the day, the day would not have run so smoothly without your help.

Colour house winners, age champions and Peninsula carnival representatives will be announced in the coming week once all the events are completed and points tallied.

A special mention to Ethan McK who displayed outstanding sportsmanship at the carnival. It was such an amazing example of what our school and sport is all about.

I am very excited to be teaching PE for the remainder of the year. We would love to have parents involved with our sports program, so if you have any special skills you would like to share please contact me. This term years 3-6 will be participating in netball and cricket skills and years K-2 will be focusing on gross motor and large ball skills.

Alexis Conn
alexis.conn@dbb.catholic.edu.au

SCHOOL CALENDAR

<table>
<thead>
<tr>
<th>Week</th>
<th>1 August</th>
<th>2 August</th>
<th>3 August</th>
<th>4 August</th>
<th>5 August</th>
<th>6 &amp; 7 August</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>ICAS English</td>
<td>Parish Mass Yr 5/6 Reconciliation Yr 3 Yr 6 Public Speaking</td>
<td>8:15 Assembly MK School Public Speaking 1.45pm MK School Hall</td>
<td></td>
<td></td>
<td>Spm Yr K, 1 &amp; 2 Family Mass &amp; Confirmation Enrolment</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>8am Enrolment for Confirmation</td>
</tr>
<tr>
<td>WEEK</td>
<td>MONDAY</td>
<td>FRIDAY</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>------</td>
<td>------------------------------</td>
<td>-----------------------------</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td><strong>01.08.16</strong>  Kay</td>
<td><strong>05.08.16</strong> Kay</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Sue F</td>
<td>Lisa H</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Help Needed</td>
<td>Sharon P</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td><strong>08.08.16</strong>  Marie</td>
<td><strong>12.08.16</strong> CANTEEN CLOSED</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Margarita PC</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Help Needed</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5</td>
<td><strong>15.08.16</strong>  Kay</td>
<td><strong>19.08.16</strong> Kay</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Skye B</td>
<td>Alicia L</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Help Needed</td>
<td>Sue Anderson</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6</td>
<td><strong>22.08.16</strong>  Marie</td>
<td><strong>26.08.16</strong> Marie</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Jo SK</td>
<td>Imelda F</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Help Needed</td>
<td>Jacqui B</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7</td>
<td><strong>29.08.16</strong>  Kay</td>
<td><strong>02.09.16</strong> Kay</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Alex G</td>
<td>Sue F</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Help Needed</td>
<td>Help Needed</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8</td>
<td><strong>05.09.16</strong>  Marie</td>
<td><strong>09.09.16</strong> Marie</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Margarita PC</td>
<td>Sue A</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Ruth G</td>
<td>Hanneke B</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9</td>
<td><strong>12.09.16</strong>  Kay</td>
<td><strong>16.09.16</strong> Kay</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Toni P</td>
<td>Marianne L</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Help Needed</td>
<td>Jacqui B</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10</td>
<td><strong>19.09.16</strong>  Marie</td>
<td><strong>23.09.16</strong> Marie</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Cassie P</td>
<td>Alicia L</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Help Needed</td>
<td>Help Needed</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Parent Education Program

Catholic Schools Office Diocese of Broken Bay – Parent Education Team

1-2-3 Magic workshops

Building Emotional Intelligence & managing behaviour

Program consists of two, 2 hour sessions, working through a parent resource booklet

The program supports parents and caregivers with effective strategies to help their children self-regulate and manage their emotions and behaviour. Children who have developed social and emotional skills find it easier to manage themselves, relate to others, resolve conflict and feel positive.

Central Coast: 1-2-3 Magic Workshops

MacKillop Catholic College, Warranovale - Monday 15th & Monday the 22nd of August at 10am - 12pm in the school library

St Patrick’s Catholic School, East Gosford - Monday 12th and Monday the 19th of September at 9am-11am in the LARP on the primary campus

Northern Beaches: 1-2-3 Magic Workshops

St Joseph’s Catholic School, Narrabeen - Monday 15th and Monday 22nd of August starting at 7pm, in the school library

St Kieran’s Catholic School, Manly Vale – Wednesday 17th August and Wednesday 24th Sept at 7pm, in the school I-centre (library area)

North Shore: 1-2-3 Magic Workshops

St Agatha’s Catholic School, Pennant Hills: Monday 5th and Monday 12th of August at 9.30am – 11.30am in the school hall

St Philip Neri Catholic School, Northbridge – Tuesday 9th and Tuesday 16th of August 9am -11am in the Learning centre (library)

RSVP: Email Jo Spek: jo.spek@dbb.catholic.edu.au

THE READING HOUR
Tuesday 16 August, 6-7pm

Primary school aged children and their parents are invited to come and listen to a reading out loud of Fortunately The Milk by Neil Gaiman.

The Reading Hour is about promoting reading to children and the social and educational benefits it brings.

Mona Vale Library
Free
Age 5+ (crafts available for younger children)
Refreshments will be provided
Bookings 9970 1600

northernbeaches.nsw.gov.au