FROM THE PRINCIPAL

Kindergarten celebrating 100 days
There was much anticipation and excitement when our Kindergarten students celebrated 100 days at school yesterday. While as adults we may not always gain significant new knowledge in a 100 day period, for our Kindergarten students the growth in skills, understanding and cognitive development in the past 100 days has been amazing.

Following is Caroline Mulvenna’s report on 100 days of Kindergarten.

100 DAYS OF KINDERGARTEN
On Thursday 23rd July Kindergarten celebrated their 100th day of primary school and what a day it was! Each morning this year, the children have counted the days of school in order to better understand numbers and place value; bundling tens and identifying tens and ones. The 100th day party was a celebration of those skills.

Kindergarten students were joined in the classroom by parents and completed rotational activities, all focused on the number 100. They made glasses, drew portraits of themselves aged 100, played dice games, made necklaces with 100 fruit loops and completed some dot paintings using, of course, 100 dots!

It was a wonderful celebration and an opportunity for the children to reflect upon what they have learned in the last 100 days of schooling…

"I can write my name really well and all my letters are straighter" - Ryan

"I’m much better at painting, drawing and colouring than I was at the start” – Lachlan

"I have learned how to hold my pencil properly when I’m writing” – Lulu

"I have gotten better at sounding out my words and reading” - Sophia

Following the activities, the children and parents enjoyed a lovely morning tea. I’d like to thank all of the parents who volunteered their time (and baking skills) for the celebration.

-Caroline Mulvenna

Condolences
Rita Sullivan, mother and mother in law of Toni and John Phillips and Nathan (Year 3) and Emma’s Grandmother, passed away last Friday. Our thoughts and prayers are with the family at this sad time.
FROM THE ACTING ASSISTANT PRINCIPAL

International Competitions and Assessments for Schools (ICAS) Competitions

Congratulations to the following students who received Certificates of Merit, Credit and Distinction awards in the ICAS Science Competition:

**Year 3**
- Zannah Dixon  
  Distinction

**Year 5**
- Sarah Cassidy  
  Credit
- Genevieve Kelly  
  Merit

Woolworths Earn and Learn

Woolworths Earn and Learn is back and you can support this program by collecting Earn and Learn Stickers at Woolworths. Once collected, the stickers can be stuck onto the Sticker Sheet that you can pick up from Woolworths or the School office. Place completed Sticker Sheets in the Collection Box in the office foyer. The more stickers we collect the more educational resources we will receive.

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**Parent Education Program**

Catholic Schools Office Diocese of Broken Bay – Parent Education team

**The Power of Social & Emotional skills for Children’s Learning**

Understanding the social-emotional development of primary school age-children

Social and emotional skills are important factors of well-being and social development. Children can learn some of these skills which help them manage friendships, work better with others and know how to be responsible for themselves and their emotions.

**Week 1:**
- Social & Emotional Stages of Development
- Brain development & Wellbeing

**Week 2:**
- How to develop & support your child’s social & emotional skills
- Practical application – strategies into action

**Date:**
- Week 1 - Thursday 27th August 2015
- Week 2 - Thursday 3rd September 2015

**Time:**
- 8.45am

**Venue:**
- School Library

**RSVP:**
- School Office by Monday 24th August

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**Parent Education Program**

Catholic Schools Office Diocese of Broken Bay – Parent Education team

**The Power of Social & Emotional Skills for Children’s learning**

Understanding the social-emotional development of primary school age-children

Social and emotional skills are important factors of well-being and social development. Children can learn some of these skills which help them manage friendships, work better with others and develop their understanding of how to be responsible for themselves and their emotions.

The session will cover:
- Social & Emotional Stages of Development
- Brain development and learning
- How to develop your child’s social & Emotional skills

**Date:** Monday 10th August 2015
**Time:** 7pm
**Venue:** School Hall

**RSVP:**
- School Office by Friday 7th August

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**SCHOOL CALENDAR**

<table>
<thead>
<tr>
<th>Week 3</th>
<th>27 July</th>
<th>28 July</th>
<th>29 July</th>
<th>30 July</th>
<th>31 July</th>
<th>1 &amp; 2 August</th>
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<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Parish Mass Yr 1 &amp; 2</td>
<td>8:45 Assembly</td>
<td>Spa Yr 1 &amp; Family Mass</td>
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<td>10am Yr 5/6 E</td>
<td>Reconciliation Eucharist</td>
<td>Enrollment</td>
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<td>Dance Fever</td>
<td>Reconciliation &amp; 1st Eucharist</td>
<td>Enrollment</td>
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<td>Yrs 1 &amp; 2 Local Excursion</td>
<td>Enrollment</td>
<td>Reconciliation &amp; 1st Eucharist</td>
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Reconciliation and First Eucharist
Enrolment for the Sacraments of Reconciliation and First Eucharist will take place at Maria Regina Church this weekend at both Masses – Saturday 5pm and Sunday 9am. The Sacrament is available to children in Year 3 and above.

Year 3 & 4 Family Mass
Years 3 and 4 will be hosting the 5pm Mass on Saturday, 1st August at Maria Regina Church. We are also planning some hospitality with a simple supper. Everyone is welcome to join us for this important celebration of our faith and gathering of our community.

Upcoming Dates
Week 3
Thursday 30th July  Years 1 & 2 will be attending Mass with the Parish at 9:15am
Year 5/6 E will be attending Reconciliation
Saturday 1st August  Years 3 & 4 will be hosting Family Mass at 5:00pm at Maria Regina Church

TERM 3 Mondays 9am – 1.30pm

<table>
<thead>
<tr>
<th>Week 1</th>
<th>Week 2 20th July</th>
<th>Week 3 27th July</th>
<th>Week 4 3rd August</th>
<th>Week 5 10th August</th>
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<tbody>
<tr>
<td><strong>PUPIL FREE DAY STAFF DEVELOPMENT</strong></td>
<td>Imelda Flynn Tania Mullis Sue Fisk</td>
<td>Imelda Flynn Kath Beynon Louise Heyes</td>
<td>Imelda Flynn Kea Price Skye Patterson</td>
<td>Imelda Flynn Sue Fisk Margarita Playoust Colley</td>
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<tr>
<td>Week 6 17th August</td>
<td>Week 7 24th August</td>
<td>Week 8 31st August</td>
<td>Week 9 7th September</td>
<td>Week 10 14th September</td>
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<tr>
<td>Kea Price Sue Anderson Lani Saraswati</td>
<td>Vicky O’Neill SOS X 2</td>
<td>Imelda Flynn Kea Price Kath Beynon</td>
<td>Imelda Flynn Elissa Neufeld Margarita Playoust Colley</td>
<td>Imelda Flynn Sue Fisk Cassie Preziuso</td>
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BIRTHDAYS
Orlando Colley Monty Watkins Pippa Connell Georgie Geftakis

MARIA REGINA BAND
Jesse Amoah Zannah Dixon

AWARDS

K Lulu Gregory Max Quirk
1 Cooper Medwin Faith Buckner
2 Sofia Encina Lois Behdasht
3 Mila Hendra Josh Kerr
4 Oliver Fisk Luke Vitagliano
5/6 Earth Asher McLean Yasmin Heyes
5/6 Ocean Genevieve Kelly Aidan McKechnie
SAVE THE DATE...
The Maria Regina Music Night is on again.
Monday August 24th at 6pm in the school hall.
More details to follow.

INVITATION
TO ALL CATHOLICS AND NON-CATHOLICS
INTERESTED IN LEARNING ABOUT OUR FAITH

Jesus once asked his disciples this question: Who do people say the Son of Man is? (Mt 16:13)

It is Peter who spoke up but what would our answer be?

Jesus invited people who wanted to know him on a journey with him to find out who he really was, what he was teaching and where many of their burning life questions would be answered.

Our RCIA team would like to invite you on a journey as well, where we learn how the story of Jesus unfolds, how he has touched us and how we get to know him through our Catholic tradition of 2000 years.

In a series of evening sessions we explore the story of Jesus and his teachings through our Church, the Bible and our tradition, and in this process we discuss some of life’s deeper questions such as:

- What does it mean to be Catholic today?
- How does God communicate with us?
- How can we have a personal relationship with Jesus and why is it important?
- What can the Bible tell us today and what do we really believe?
- How is God present in my life?
- Do I love how Jesus loved me? How can I?
- Why should I pray and how can I?
- What is the Paschal Mystery?

We draw from our rich Catholic tradition and hope that we will be able to impart our enthusiasm to as many Catholics and Non-Catholics alike.

Our new RCIA program (Rite of Christian Initiation of Adults) starts on September 1 or September 2 (to be advised) at 7:30pm in the Parish Hall of our Sacred Heart Church in Mona Vale.

For further information please call the Parish Office (9997 7311).

Dr Justin Coulson

FREE SEMINAR for
Parents & Carers

What Your Child Needs From You

There are endless do’s and don’ts that surround parenting in this practical seminar. Dr invite will take you from confusion to clarity by sharing essential strategies to get to the heart of raising a happy child, and creating a connected family.

"Judith is an engaging presenter and an effective communicator. His advice and working style in group situations is very accessible for all. This seminar was well executed and very informative."

Tuesday 18 August
7 - 9 pm
Our Lady of Good Counsel
Catholic School
11 Curne Rd, Forestville

Proudly presented by
Broken Bay Diocesan Parent Council (DPF)
RSVP: www.brokenbayparentcouncil.com
Your School Your P&C Your DPC

Dr Justin Coulson, father of 6, is one of Australia’s most respected parenting speakers, authors and researchers. He is the Founder and Owner of ‘Choosing Love’ and has written a number of books, how-to child parenting and support books, and has been seen regularly on the Project, Studio 10, and SBS to the parenting segment of Magg & Madd on the Daily Telegraph.

St Paul’s Catholic College • Manly
EDUCATING BOYS IN YEARS 7 TO 12

St Paul’s Parents and Friends Association cordially invites Members of our local community to the St Paul’s Catholic College, Manly -
Red & Black Anniversary Gala Dinner
Celebrating Milestones in St Paul’s Catholic College, Darley Road, Manly Saturday, 8 August, 2015

Welcome Drinks
The Great Hall, International College of St Patrick’s College, Manly 8pm
St Patrick’s College, Darley Rd, Manly 2005

Please join us for a pre-dinner beverage, conversation and good company.

Tickets ($50/Booked available)
Purchase online at stpaulsmanly.com.au or phone 131204
Join us Thursday 13 July, 2015
Darley Road, Manly 9am to 5pm (Parking available within the SC and St Paul’s Catholic College grounds)

PERMA PRIMA: End things first!
A secular education in the Diocese of Broken Bay