Timor Leste Independence day at Maria Regina

The 20th of May, is a very important day in the history of our friends in Timor Leste. Fourteen years ago, Timor Leste won their freedom and right to become an Independent Nation. Today we celebrate freedom and friendship. We especially celebrate Maria Regina’s and the Pittwater community’s friendship with Timor Leste and the people of Soibada. Today we were fortunate to have some special visitors at Maria Regina. Tanya Da Costa Soares said our school prayer with Coco at our special Liturgy this morning. Tanya is the first recipient of the Pittwater Friends of Soibada Foster Scheme Project and she is living in Avalon. We also welcomed Anna Guterres and her sons Jose and Miguel. Anna is the wife of the Ambassador of Timor Leste, Abel Guterres.

All the children were asked to wear colours of the Timor Leste flag and the focus of the day was "Buy a Brick, Build my future " Each class built a model school using Lego bricks and also decorated fabric hexagons to make a friendship patchwork quilt. Students in Soibada will also be decorating similar hexagons which will be joined and go on display at the Timor Leste Embassy.

The money raised today will go towards the Buy a Brick – Build my future fundraising campaign. Donations can be made online at the following link.
DITC H the ITCH!!

Head lice are common in young children. They are the most adaptable of creatures and have survived for centuries. You may be reassured to know that they are commonly found in places other than your school/kindergarten/child care centre.

To assist in preventing the spread of head lice you can check your child's hair regularly. An itchy scalp is not always a symptom for head lice. When checking your child's hair you do find any moving lice then please begin a course of head lice treatment as soon as possible. Products to treat head lice infestations are available in all pharmacies.

If your child does have head lice please inform anyone your child has been in contact with as well as informing the school to prevent re-infestation.

My hot tip! – A friend of mine who’s an infectious disease Dr. worked to establish Hedrin. It seems to be the most effective Head Lice treatment at the moment.

Why Hedrin?
Clinically Proven
Hedrin products work hard to help kill lice by depriving them of the ability to feed. The physical mode of action means that lice are unlikely to become resistant to the treatment.
All Hedrin products have been clinically proven and are supported by some of the largest clinical studies ever conducted on head lice.

Family Friendly
All Hedrin products are colourless with no unpleasant smells and do not contain harsh ingredients. The ingredients used in the Hedrin have been used in cosmetic formulations for many years and have been shown to be well tolerated.
All Hedrin products are suitable for use on children 6 months and older and by pregnant and breast feeding women.

Kills Lice & Their Eggs
Lice eggs can be tricky to get rid of but Hedrin is here to help with their tried and tested 2 step process. The first application helps to kill lice and their eggs, while the follow up application 7-10 days later assists to kill any newly hatched eggs that may have been missed during the first application.

Resistance
Over time, head lice have become resistant to certain pesticide based treatments. Hedrin formulations work in a purely physical way, so resistance rarely plays a part, even in lice that have become resistant to pesticide treatments. When an infestation occurs, there is usually no need to try different treatments because Hedrin products can be used repeatedly without the risk of lice becoming resistant.

No Combing Required
It can be a painful task to get your little one to sit still for a long period of time while their hair is combed and checked for lice. Hedrin formulations are not required to be combed through. All Hedrin products are developed with convenience and ease of application in mind.

Kind On Skin
Hedrin products are suitable for use on children as young as six months and do not contain any solvents which could be problematic to people with asthma. Hedrin formulations are not absorbed into the skin, making them suitable for both adults and kids with sensitive skin.

Goodluck!

Band News
Next Tuesday 24th of May our Concert band will be performing at The Kindy Childcare Centre John St. Avalon. Our band members will walk to and from the Kindy. It will be a fun experience!

Wellbeing Week
In week 7 as part of our wellbeing week our Japanese teacher Kiyoka Kubo will be making sushi with years 3, 4 & 5/6. We need some parent helpers for this so if you are interested in coming to help with this activity then please let us know in the office. Thank you.
St Vincent de Paul Winter Appeal
The 2016 Winter Appeal focuses on women experiencing homelessness, and for many winter is a particularly difficult time. 45,813 women facing homelessness in Australia is an alarming figure. But what’s more alarming is the fact that 59% of Australians seeking help from homelessness services are actually women. We are seeking donations of clean warm clothes, blankets, and towels in good condition so that we can make a real difference in the lives of the homeless. You can also donate online at www.vinnies.org.au. All donations can be left at the School Office.

Up Coming Events

Saturday 21st May
Eucharist Reflection Day Mater Maria (for those children preparing to receive the Eucharist for the first time)

Week 5
Thursday 26th May
Year 5/6 Earth and Ocean will be attending the Parish Mass at 9.15.
Year 4 will be attending Reconciliation at 10.00.

Reflection Day
This Saturday, 21st of May, we will be holding our Reflection afternoon at 1.30pm-4.30pm, Mater Maria College for all the children preparing for the Sacrament of First Holy Communion. An email has been sent out informing families of which colour group their child will be in on the day. I look forward to seeing you all then.

Third Ritual for First Holy Communion
The third Ritual for children preparing for First Holy Communion will be held this weekend at all Mass times. The children will all be called to the front by Father where they will gather around the Altar to join in the Our Father prayer.

Mass times over the weekend are as follows:

Maria Regina Avalon: Saturday 5pm
                        Sunday 9am
Sacred Heart Mona Vale: Saturday 5pm
                        Sunday 8am, 9.30am and 6pm

Angela Smit – Pittwater Parish Sacramental Coordinator

SCHOOL FEE ACCOUNTS
Please remember the school fee accounts were due for payment May 6, 2016. There are still quite a number of unpaid accounts. To ensure the smooth running of the school paying your school accounts on time is a must. Families who are paying on time payments also need to ensure their accounts are paid on the agreed date.

HEAD LICE
The lice are on the move again throughout the school. Please check your child’s hair. Please see Mrs Remeeus section regarding a treatment that she has been recommended. It is not only the students who seem to get the lice the staff are also prone to being infected.

SCHOOL CANTEEN VOLUNTEERS
If you have some free time on any Friday this term please and could help in the canteen even if it is only from 10.30am – 12 mid-day contact Kay Neale on 0416 262 458 or Marie Nero on 0410 566 777. If you can’t make your rostered day please give Kay or Marie a ring as they look after the roster.
Thank you.

Denise Sprakel
Senior Administration Officer
Library news

Congratulations Alex in Year 4 for completing the PRC. See the article below for details of our ‘Books for Bre’ funding raising from 2015. Please keep bringing in bits and pieces for our MakerSpace Club. Happy Reading.

Alexis Conn

Maria Regina Catholic Primary School located in Avalon Beach decided through its parent council to run a book drive and see how many new books could be donated to St Patrick’s Catholic Primary School in Brewarrina NSW.

St Patrick’s was chosen as the school following a connection that was established by teachers and some parents. During those initial discussion the St Patrick’s school leaders identified a need for more resources for the library, in the form of new books.

Rather than just raise money, the students of Maria Regina contacted Scholastic Books and were able to source a number of new publications for a very cheap rate. The students then did fundraising to cover this cost. The school also asked students to bring in new books or to purchase books that could be sent to St Patrick’s when ordering from the Scholastic catalogue. The students responded and so far about 50 books have been donated, most of them brand new.

The students nearly reached their goal on one book for each child at St Patrick’s.

Also in a great display of connecting communities, it was identified that Warrinbah Council were sending a team of youth ambassadors to Brewarrina in April 2016. Council have kindly agreed to deliver the books to St Patricks, resulting in saving of hundreds of dollars on transport costs. This saving has been directly back into purchasing more books for Bre.

Ms Alexis Conn, Maria Regina Catholic Primary School Avalon Beach. Ph: (02) 9918-2608

MATER MARIA CATHOLIC COLLEGE

COMMUNITY • FORMATION • SUCCESS

Mater Maria Festival - Friday May 27, 2016 1.00pm-7.00pm
Please mark in your diaries the Mater Maria Festival which is scheduled for Friday May 27 from 1.00pm to 7.00pm at the College (5 Forest Road, Warriewood). All are welcome to join us under the Stars as we eat, drink and be merry! Enjoy International foods, rides, performances by our musicians and dramatists and to pick up some bargains at a heap of stalls. For further information visit www.matermaria.nsw.edu.au

CATHOLIC AUSTRALIA’S PARTNERS IN FUTURE

More than 765,000 students attend 1,731 Catholic schools across Australia

Find out more at SchoolFundingFacts.com

Source: Australian Catholic Bishops’ Conference.
Term 2 canteen roster.
Help is needed on the following days. Friday 10th, 24th June and Friday 1st July.
For all contact regarding the canteen and the roster please call Kay 0416262458 or Marie 0410566777.

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Awards

K  Estelle Michelina
1  Charlie C  Charlie R
2  Austin  Faith
3  Isabella F  Kai
4  Zannah  Jack
5/6 Earth  Sophie  Armelle
5/6 Ocean  Manon  Bailey

TRIVIA NIGHT
Avalon Bowl 7 pm Saturday 21 May
Raise funds to provide education for children in Soiibada
Tickets $25
Purchase online https://www.trybooking.com/104223
Drinks available at the bar and snacks provided.
Enquiries Ian 0416182992 or Tamara 0402226699
www.pionvstarfriendsofsotibada.org.au
ADMINISTRATION OF MEDICATIONS IN SCHOOLS
SCHOOL NEWSLETTER ITEM

The Broken Bay Diocesan Schools System ‘Medication policy’ and ‘Administration of Medication in Schools: Guidelines and Procedures’ have been revised.

Maria Regina Catholic Primary School Avalon is committed to supporting students’ health and wellbeing. We require parents / carers providing the school with any relevant health information that is required to support the student at school. While this information is collected at enrolment it needs to be updated regularly, including when a new health condition develops.

Information about medically diagnosed conditions such as allergies, asthma, diabetes, epilepsy and other health conditions that may require school staff to provide support to students; *(including the administration of medication – prescription or over the counter medication and the need to perform health procedures)*: will need to be provided to the school in writing in the form of an ‘action plan’ or ‘health care management plan’ and signed by both the parent / carer and a medical practitioner or a prescribing health practitioner. This must then be discussed with the school.

Additionally, any student health care need, action plan or health care management plan that may impact on school activities such as sports, excursions (including camps) must be provided in writing and supported by a medical practitioner / prescribing or qualified health practitioner’s advice.

**All Broken Bay systemic schools require medical authorisation from a prescribing medical or health practitioner to administer any medication to students (including over the counter medications such as Paracetamol, Claratyne etc).**

Please ensure you inform the school office staff of any changes to contact details including the contact details of the people nominated as emergency contacts.

We thank you for your assistance in this matter.

All information is kept confidential and only disclosed to the relevant staff who are supporting your child.

For any enquiries, please contact the school office on telephone the school on 99182608