FROM THE PRINCIPAL

National Families Week

National Families Week 2016 will be held from Sunday 15 May to Saturday 21 May 2016, (coinciding with the United Nations International Day of Families on 15 May). The aim of National Families Week 2016 is to celebrate the vital role that families play in Australian society. The 2016 theme is 'Stronger families, stronger communities'. This year's theme highlights the important role families play as the central building block of our communities and that community wellbeing is enhanced by family wellbeing. National Families Week is a time to celebrate with your family, make contact with your extended family and friends, and share in the enjoyment of family activities within the wider community. It is a time to celebrate the meaning of family and to make the most of family life. Let's take the time to reflect on the critical role that families play in teaching, supporting and nurturing children, especially as they grow.

Congratulations

Congratulations to ex-student Isabelle Wise who is now a published illustrator! The Wombat Books Illustration Challenge was established in order to provide aspiring young illustrators with the opportunity to be published in a professionally produced children's book and gain an introduction into the world of illustrating. Aleesah Darlison {author of 'Zoo Ball'} visited Maria Regina Catholic Primary School, early in 2014 and obviously had a big impact on Isabelle.

Isabelle was very industrious and meticulous in her participation in this challenge. Much support through the judging process was given through social media {Facebook} and Maria Regina through a voting framework. The illustrations with the most votes from the public were considered as finalists and submitted to the judging panel for selection. Two of her illustrations were chosen to be included!!! Isabelle's illustration for page 19 was accepted and her pelican image was also used for the back cover. Publication occurred in April 2016. Isabelle spoke about her achievement at assembly this morning and presented Maria Regina with a copy of 'Zoo Ball' for our library. Well done Isabelle.
On Monday 9th May, Kathy Gee and I attended the Wellbeing Conference at Pymble. We explored the latest research on the effects of social and emotional learning on Wellbeing. We looked at our school and classroom practices and structures that support our students using the PROSPER Framework.

This conference highlighted the need to make sure we continue to work together, developing a culture that insists our student be the best they can be, by consistently projecting a positive outlook on life. The sessions acknowledged - The power of social and emotional skills has a strong effect on children’s well-being. By continuing to develop perseverance, self-esteem, sociability and emotional stability, our children will prosper in the future.

It was good to hear Professor Donna Cross and Professor Toni Noble highlight the benefits of teaching children to have a growth mindset. There are two types of Mindsets – Fixed Mindset and Growth Mindset.

In a Fixed Mindset, people believe their basic qualities, like their intelligence or talent, are simply fixed traits. In a Growth Mindset, people believe that their most basic abilities can be developed through dedication and hard work – brains and talent are just the starting point! This view creates a love of learning and resilience that is essential for great accomplishment.

Teaching students to have a growth mindset creates motivation and productivity. It enhances our relationships. There is hope for us all!

Children need to develop a growth mindset. “Saying things like "I haven’t learnt that yet..." rather than "I don’t know it". - Promotes a positive growth mindset.
FROM THE REC

Up Coming Events

Week 3
Saturday 15th May Year 1 and 2 Family Mass 5.00pm at Maria Regina Church. All welcome

Week 4
Thursday 19th May Year 1 and 2 will be attending the Parish Mass at 9.15. 5/6 Earth will be attending Reconciliation at 10.00

Friday 20th May Timor Leste Independence Day

Saturday 21st May Eucharist Reflection Day Mater Maria (for those children preparing to receive the Eucharist for the first time)

Week 5
Thursday 26th May Year 5/6 Earth and Ocean will be attending the Parish Mass at 9.15. Year 4 will be attending Reconciliation at 10.00.

The Parish Pulse

Second Ritual for First Holy Communion
The Second Ritual for children preparing for First Holy Communion will be held this weekend at all mass times. The children will receive a special blessing from Father. Please don’t hesitate to contact me on 9997 7311 (Ext 13) if you have any other questions.

Mass times at Maria Regina over the weekend are as follows:

Maria Regina Avalon: Saturday 5pm Sunday 9am

Angela Smit - Sacramental Coordinator

FROM THE OFFICE

SCHOOL FEE ACCOUNTS
Just a gentle reminder, that the second schedule for accounts to be finalised was 6/5/16. The school relies on families paying their accounts on time so we also can pay our accounts. Families paying by time payments please make sure that your payments are also up to date.

WINTER SCHOOL UNIFORMS
Don’t forget that the students return to school on Wednesday June 15th in their winter uniform (after the June Long Weekend and our Staff Development Day). We do have some winter uniforms in our second hand store that can be purchased on Tuesday mornings from 8.15am – 9.00am. If you are purchasing new uniforms from Pickles and are unsure of the correct size we have samples in the office for your convenience. We also have the school fleecy tops for winter.

SCHOOL BAGS
If you have been waiting to purchase a school bag they have been delivered and can be purchased through the office. The school bag is part of the uniform.

SOS CANTEEN VOLUNTEERS
Attached to the newsletter is an updated roster. You will notice that there are a few Friday’s that need an extra hand. Kay and Marie are happy if you can only help from 11.15am – 1.30pm. Just let either of the ladies know and your name will be included on the roster. We really do appreciate your help.

Denise Sprakel
Senior Administration Officer

SCHOOL CALENDAR

<table>
<thead>
<tr>
<th>Week 4</th>
<th>16 May</th>
<th>17 May</th>
<th>18 May</th>
<th>19 May</th>
<th>20 May</th>
<th>21 &amp; 22 May</th>
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<tr>
<td>Peninsula Cross Country</td>
<td>OPEN MORNING Commencing 9am School Library</td>
<td>Parish Mass Yr 1/2 Reconciliation Yr 5/6E Peninsula Cross Country (wet weather)</td>
<td>8:45 Assembly East Timor Independence Day</td>
<td>Dance Fever</td>
<td>Reflection Day 1st Eucharist</td>
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A message from the Maria Regina Outreach Team....

It's Timor Leste (East Timor) Independence Day
20th May 2016.

You are welcome to join us at assembly, 8.45 in the hall, for a special liturgy to celebrate Timor Leste Independence Day.

This year the children can wear plain clothes in the colours of the Timor Leste flag. Please be mindful that it is not a “fancy dress” occasion; wearing the colours of the flag is a way to show respect for the people and their struggle to gain independence. The children are asked for a gold coin donation for wearing no uniform.

This year we will be focusing our fundraising efforts on “Buy a brick, build my future.” Each class will be building a model of a school building out of Lego that they might see in Timor. If you can donate any Lego bricks that you do not need it would be greatly appreciated (they cannot be returned).

There will be a stall selling traditional Timorese items for just $5! So bring in extra money if you are thinking of buying one of these precious items.

TRIVIA NIGHT
Avalon Bowl 7 pm Saturday 21 May
Raise funds to provide education for children in Soibada
Tickets $25

PURCHASE ONLINE: https://www.trybooking.com/104323
Drinks available at the bar and snacks provided.
Enquiries: Ian 0416102972 or Tamara 0403226699
www.pitswaterfriendssoibada.org.au

Buy a brick - build my future.

A little for some is a lot for others.
Library News

Congratulations to Louis in Kindy for completing the Premier’s Reading Challenge. As always, it’s still not too late to join, just contact me if you need a new password.

We are still in need of construction/craft materials to get our MakerSpace club up and running. I would really love to have this available to the children this term so anything you can contribute would be fantastic.

We were very lucky to welcome Belle Wise to our assembly this morning to talk to us about being a published illustrator in ‘Zoo Ball’. Belle is in year 8 at Mater Maria and is an ex Maria Regina student. We are so proud of her efforts! Belle donated a copy of Zoo Ball to our library, feel free to come and look at the beautiful illustrations. The year 4 boys blew me away this morning with their amazing dedication to reading in library. I managed to take these sneaky pics while they were so engaged in their books. Well done Boys!

Happy reading!

Mrs Alexis Conn
alexis.conn@dbb.catholic.edu.au

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<tr>
<th>WEEK</th>
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<td>4</td>
<td>16.05.16</td>
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<td></td>
<td>Marie Nero</td>
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<td>Ruth G</td>
<td>Imelda F</td>
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<td>Toni P</td>
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<td>5</td>
<td>23.05.16</td>
<td>27.05.16</td>
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<td>Kay Neale</td>
<td>Kay Neale</td>
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<td>Cassie P</td>
<td>Alicia L</td>
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<td></td>
<td>Michelle K</td>
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<td>6</td>
<td>30.05.16</td>
<td>03.06.16</td>
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<td></td>
<td>Marie Nero</td>
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<td>Skye P</td>
<td>Imelda F</td>
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<td>Kea P</td>
<td>Marrianne L</td>
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<td>Francesca R</td>
<td>Jacqui B</td>
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<td>8</td>
<td>13.06.16</td>
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<td></td>
<td>JUNE LONG WEEKEND</td>
<td>WALKATHON</td>
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<td>20.06.16</td>
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<td>Lani S</td>
<td>Sue F</td>
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<td>Margarita PC</td>
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<td>Francesca R</td>
<td>HELP NEEDED</td>
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Term 2 canteen roster.
Help is needed on the following days. Friday 20th & 27th May, and Friday 10th, 24th June and Friday 1st July. For all contact regarding the canteen and the roster please call Kay 0416262458 or Marie 0410566777.
ABOUT MARIA REGINA

Maria Regina is a school that offers:

• A nurturing, inclusive environment
• Highly qualified, dedicated teachers providing challenging education and developing lifelong learners
• Whole school positive behaviour, kindergarten transition and student leadership programs
• Interactive whiteboards, laptops and iPads in all classes
• PE, Visual Arts, Japanese, Dance, Drama, Music, Band, Choir, Debating, Public Speaking and Eco Gardening.

CALLING ALL STARFISH!

Our Starfish Program ensures a smooth transition for your child into Kindergarten 2017. It runs over 4 Fridays in November and aims to familiarise children with the Kindergarten room and school surroundings. Some of the activities your child will experience are:

• Working in the Kindergarten classroom
• Using the library and borrowing a book
• Using computers
• Creating Artwork
• Activities and games
• Meeting their buddies for 2017

School Tours can be arranged by appointment on 9918 2608

Maria Regina Catholic Primary School 42 Central Road Avalon NSW 2107
Phone 9918 2608 or visit www.mradbb.catholic.edu.au

<table>
<thead>
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<th>Awards</th>
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| **K** | Sophia  
Ariella |
| **1** | Hugo  
Monty |
| **2** | Pippa  
Georgie |
| **3** | Ruby  
Sam |
| **4** | Luca  
Bella |
| **5/6 Earth** | Tom P  
Xander |
| **5/6 Ocean** | Charlie  
Daniel |
Mater Maria Festival - Friday May 27, 2016 1.00pm-7.00pm
Please mark in your diaries the Mater Maria Festival which is scheduled for Friday May 27 from 1.00pm to 7.00pm at the College (5 Forest Road, Warriewood). All are welcome to join us under the Stars as we eat, drink and be merry! Enjoy international foods, rides, performances by our musicians and dramatists and to pick up some bargains at a heap of stalls. For further information visit www.matermaria.nsw.edu.au