FROM THE PRINCIPAL

Year 6 Cluster Mass
Yesterday, I was very proud of our year 6 students at the Peninsula Cluster Mass at Our Lady of Good Counsel Church, Forestville. Bishop Peter Comensoli was the presider and many clergy celebrated the Mass. Our School Captains Coco and Milo welcomed the special guests including Bishop Peter and Mr Peter Hamill Director of Catholic Schools. Year 6 students from all Catholic schools on the Peninsula attended.

Bishop Peter Visit to Maria Regina
Today Bishop Peter came to Maria Regina and visited all classes. Below Bishop Peter is talking to kindergarten students about a Maths activity.

School Photos Friday 18th March
Our school photos are on next Friday. All students are to wear full summer school uniform. Please make sure that your child’s hair is neat and tidy. Hair should be out of the eyes, off the face and tied back at all times with ribbons in correct school colours. This is a friendly reminder that some boys may need to have a haircut before the photos.

PLEASE NOTE As the hall will be used for the photos there will be NO ASSEMBLY on Friday 18th March.

Photo Permission
We have been advised from the Catholic Schools Office that if you sign a photo permission form to allow your child’s photograph to be used in different publications it is not possible to differentiate between newsletter, website, social media etc. Parents who have requested that their child’s photo not be used in social media but permission has been given for other publications will be contacted to fill out another form.
FROM THE ASSISTANT PRINCIPAL

Happy Wellbeing Week!
How could well being week go so fast? Perhaps we were having too much fun! A big thank you to Mrs Stewart and Mrs Raiti-Ovidi for their crafty skills and plane expertise. We all enjoyed making paper planes.
Well done to all the classes who found time to create some well-being posters. The posters acknowledge ways to stay positive in school. Some of my favourites “Smile... they're free!” and “You're awesome!”
On Wednesday we opened our school to our families and members of our community/new enrolments. Thanks to all the students who make our school such a happy place. Your energy and enthusiasm for learning impressed our visitors.
Super-duper Thursday was refreshing with a surprise ice-block for all students from the teachers which were well received.
On Thursday afternoon K-6 were challenged to create Well Being Wish Stars with Year 9 students concluding our well-being activities. Despite the complexities of the origami stars I think we can say it was plenty of fun!

Our family’s Well Being Week has been a whole lot of technology free time spent together. To my surprise I have not missed playing my computer games as much as I thought I would!!
We have held a draughts championship this week which is working out well for me, seen as though I have been named the “Champion of Avalon” by my poppy in the past.
Taking my dog Annie for daily walks to Careel Bay has been good exercise for all of us and we play a cool made-up game called, “Photography Tip”!
I have been my mum’s sensei when it comes to afternoons of origami. She is a really enthusiastic student and her craft skills are really shining through as she is mastering the 8-sided Ninja Star.
My favourite part of the week would have to be cooking for the family with my sister, Belle. My schnitzel fingers at the end of crumbing the chicken were hilarious and I even learned how to tie my own tie when dressing up for dinner. I practised over and over again.
Well-Being Week is definitely good for my family’s Well Being. By Noah.

“Australia My Country” Competition
Once again students from Maria Regina have been invited to participate in the “Australia, My Country” Competition. This competition is conducted through the Avalon Sub-Branch of the Returned and Services League of Australia. It has been designed to enhance in students their sense of pride and patriotism in being an Australian through Writing, Poetry and Art.
Entries should reflect sacrifice, loyalty, history, service, tradition and pride in being an Australian and should include at least one of these qualities. Students in Years 3-6 are eligible to enter. Students who wished to enter were given entry forms this week.
Entries will be collected from school on Friday 25th March 2016. Please see attached form at the end of this newsletter.

ICAS
The University of NSW International Competitions and Assessments for Schools (ICAS) competitions will be held again this year. ICAS provides an opportunity for students to gain a measure of their own achievement in an external testing situation. All students receive a certificate and an individual student report indicating which questions they answered correctly.
All ICAS competitions are optional and paid for by the parents. All competitions are open to Years 3 to 6 except English, Mathematics and Science which are open to Years 2-6. Please see the information at the end of this newsletter.

SCHOOL CALENDAR

<table>
<thead>
<tr>
<th>Week 8</th>
<th>14 March</th>
<th>15 March</th>
<th>16 March</th>
<th>17 March</th>
<th>18 March</th>
<th>19 &amp; 20 March</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Reconciliation</td>
<td>Soccer Manly United</td>
<td>Parish Mass K &amp; Yr 6</td>
<td>NO Assembly</td>
<td>SCHOOL PHOTOS</td>
<td>Palm Sunday</td>
</tr>
</tbody>
</table>
FROM THE REC

Sacrament of Reconciliation
The following children from Maria Regina are receiving the Sacrament of Reconciliation on Tuesday 15th March 2016. Please keep them in your prayers as they prepare for this special event.
Xavier B, Harry B, Kai, Sasha, Max, Sofia E, Isabella F, Millie, Ruby, Dashiell, Sam, William and Isabella D.

Upcoming Events
This Sunday 13th March – Year 5/6 Soul Mass and sausage sizzle 6pm at Sacred Heart Mona Vale

Week 8
Tuesday 15th March – Sacrament of Reconciliation 5.00pm in Maria Regina Church
Thursday 17th March – Year 6 and Kindergarten will be attending Parish Mass at 9:15.

Week 9
Thursday 24th March – Holy Week Liturgy 11.30am in Maria Regina Church.
You are warmly invited to attend these celebrations.

The Parish Pulse

Fourth Ritual for First Reconciliation
This weekend, the 12th & 13th of March we will be holding our Fourth Ritual for the children preparing for First Reconciliation. This will be held at all mass times over the weekend.

Bishop Peter Comensoli Pastoral Visitation
Bishop Peter Comensoli’s Pastoral visitation is an opportunity for the Parish community to meet with the Bishop and hear his vision for the Parish on Saturday 12 March 2016 at 10.30am at the Sacred Heart Parish centre. All are welcome.

Angela Smit - Sacramental Co Ordinator

YEAR 6 CLUSTER MASS 2016

Yesterday Year 6 went to the Peninsula Cluster Mass. It was in Forestville at Our Lady Of Good Counsel Church. There were all of the Peninsula schools at the Mass and everyone had the best time. Milo and I had to read the welcome for the Mass, which made us very nervous. Bishop Peter Comensoli was presiding at our Mass and he was very humorous and kind. When the Mass was over, all the schools got together and had a small play, as well as eat their recess. We only had about ten minutes to play and eat before we had to get on the bus to go back to school. It was a proud day for all the year 6 students. Milo and I would just like to thank Mr C for playing the most amazing music with Simon! We would also like to thank Mrs Gee for helping us sort out what we were going to say, and lastly, Mrs Remeeus for taking us on the excursion and giving us the best Well-Being surprises!!

Thankyou!!!
FROM THE OFFICE

SCHOOL FEE ACCOUNTS
Thank you to the families who have finalised their scheduled accounts. We still have quite a lot of overdue accounts. Please ensure you pay your payments on time this helps with the school being able to honour our commitments. Reminders were emailed out on Wednesday.

SCHOOL PHOTOGRAPHS
The School Photographer envelopes were sent home on Tuesday March 8th. All students have their photograph taken both as an individual and in the class grouping. You will only receive the photographs if a payment has been made. Sibling envelopes are obtainable at the school office. Please make sure the envelope is returned to the school by Wednesday March 16th. Please note that the school photographer does not accept payments made by cheques.

CANTEEN VOLUNTEERS
Thank you to the canteen volunteers. We have an SOS for Monday April 4th. If you can help please let me know and you will be put onto the roster. The staff and students are very appreciative of you helping out. The “new” look canteen is amazing and the meals are delicious. I can vouch for the Butter Chicken. Did you know that you can purchase a bag of Butter Chicken for home or entertaining? The cost for a 2.5klo bag is $45.00 (for a family of 4), this is about 3-4 dinners with rice. If ordering on a Friday it will be here for collection the following Friday.

UPDATE YOUR DETAILS
Please ensure your correct details are always up to date. When you change your email address don’t forget to let the class parents know as we are not allowed to give these details out due to the privacy legislations.

HEAD LICE
Head Lice is on the move again. Please check your child’s hair and treat if necessary. Thank you.

ATHLETE’S FOOT WARRINGAH MALL AND WARRIEWOOD
On behalf of The Athlete’s Foot Warringah Mall and Warriewood we would like to thank you for the support of yourself and your school.
During January we’ve had a number of parents and children use the School Rewards Program whilst shopping with us for their school shoes and sports shoes.
This email is to give you an update on your current dollar total for this Financial Year. We are proud to inform you that the current figure the parents and Children from your school have raised is: - $155
The program continues to run year round which means there is still plenty of time for that amount to increase as we get closer to June 30th.
Please keep all the families informed of our rewards program. They simply need let us know that they are a part of your school.

Denise Sprakel
Senior Administration Officer

CANTEEN ROSTER

<table>
<thead>
<tr>
<th>WEEK</th>
<th>MONDAY</th>
<th>FRIDAY</th>
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<tbody>
<tr>
<td>8</td>
<td>14.03.16</td>
<td>18.03.16</td>
</tr>
<tr>
<td></td>
<td>Kay Neale</td>
<td>Kay Neale</td>
</tr>
<tr>
<td></td>
<td>Skye Beckett</td>
<td>Sue Fisk</td>
</tr>
<tr>
<td></td>
<td>Cassie Preziuso</td>
<td>Francesca Raiti</td>
</tr>
<tr>
<td>9</td>
<td>21.03.16</td>
<td>25.03.16</td>
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<tr>
<td></td>
<td>Marie Nero</td>
<td>GOOD FRIDAY</td>
</tr>
<tr>
<td></td>
<td>Jo Seve Kelly</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Francesca Raiti</td>
<td></td>
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<tr>
<td>10</td>
<td>28.03.16</td>
<td>01.04.16</td>
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<tr>
<td></td>
<td>EASTER MONDAY</td>
<td>Kay Neale</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Margarita Playoust-Colley</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Francesca Raiti</td>
</tr>
<tr>
<td>11</td>
<td>04.04.16</td>
<td>08.04.16</td>
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<tr>
<td></td>
<td>Marie Nero</td>
<td>Marie Nero</td>
</tr>
<tr>
<td></td>
<td>Lani Saraswati</td>
<td>Alex Geary</td>
</tr>
<tr>
<td></td>
<td>HELP NEEDED</td>
<td>Alicia Low</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Sharyn Pasquale</td>
</tr>
</tbody>
</table>
"AUSTRALIA MY COUNTRY" COMPETITION
2016
For all Year 3 to Year 10 School Students.

Closing date for Entries is Friday 25th March 2016
We are unable to extend the closing date for entries

Entries will be collected from each School during week ending Friday 1st April 2016

The competition, which is free to all entrants, is proudly sponsored by the Avalon Sub-Branch of the Returned & Services League of Australia and is conducted in conjunction with School Principals and Teachers. It has been designed to enhance in students their sense of pride and patriotism in being an Australian through Writing, Poetry and Art.

Entries should reflect sacrifice, loyalty, history, service, tradition and pride in being an Australian and should include at least one of these qualities.

Conditions and Guidelines:

1. Students can choose between written work (composition, essays or poetry), and art works.

2. Essays, compositions and poetry should not include more than one illustration, written on one side only with a maximum of two A4 size sheets of paper.

3. Art works should be no larger than A3 size or 12” x 16” canvas. We regret models and dioramas cannot be accepted.

4. The entrant’s Teacher and Parent/Guardian must certify that the work submitted is largely the unaided work of the entrant.

5. Entries are to be the work of one student as no joint effort can be accepted and only one entry per student per section can be accepted.

6. ENTRY FORMS
   - written work (composition or poetry) must be stapled to the FRONT of each entry
   - art work must be attached (preferably glued) to the BACK of each entry.

7. Entries become the property of the R.S.L and may be published in print and/or electronically.

8. The judges’ decision is final and no correspondence will be entered into.

9. Every effort will be made to return entries to the students, however, where individual identification of an entry is not possible, this cannot be guaranteed.
Dear Parents,

The University of NSW International Competitions and Assessments for Schools (ICAS) competitions will be held again this year. ICAS provides an opportunity for students to gain a measure of their own achievement in an external testing situation. All students receive a certificate and an individual student report indicating which questions they answered correctly. All ICAS competitions are optional and paid for by the parents. All competitions are open to Years 3 to 6 except English, Mathematics and Science which are open to Years 2-6. The competitions will be held on the following dates:

<table>
<thead>
<tr>
<th>ICAS SUBJECT</th>
<th>ICAS SITTING DATE</th>
<th>OFFICIAL CLOSING DATE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Digital Technologies</td>
<td>Tuesday, 17 May 2016</td>
<td>Tuesday, 5 April 2016</td>
</tr>
<tr>
<td>Science</td>
<td>Tuesday, 31 May 2016</td>
<td>Tuesday, 3 May 2016</td>
</tr>
<tr>
<td>Writing</td>
<td>Monday, 13 June – Friday, 17 June 2016*</td>
<td>Monday, 16 May 2016</td>
</tr>
<tr>
<td>Spelling</td>
<td>Wednesday, 15 June 2016</td>
<td>Wednesday, 18 May 2016</td>
</tr>
<tr>
<td>English</td>
<td>Tuesday, 2 August 2016</td>
<td>Tuesday, 21 June 2016</td>
</tr>
<tr>
<td>Mathematics</td>
<td>Tuesday, 16 August 2016</td>
<td>Tuesday, 21 June 2016</td>
</tr>
</tbody>
</table>

Practice tests are available for English, Mathematics and Science at www.eaa.unsw.edu.au/practice-online.

Please return the permission slip and payment if you wish your child to participate by Wednesday 23rd March 2016. Please note we are unable to accept entries after this date.

Kind Regards

Caitlin Remeeus
I give permission for ______________________ in Year ________ to participate in the following ICAS competitions.

<table>
<thead>
<tr>
<th>Subject</th>
<th>Date</th>
<th>Cost</th>
<th>Please tick</th>
</tr>
</thead>
<tbody>
<tr>
<td>Digital Technologies</td>
<td>17th May</td>
<td>$8.80</td>
<td></td>
</tr>
<tr>
<td>Science</td>
<td>31st May</td>
<td>$8.80</td>
<td></td>
</tr>
<tr>
<td>Writing</td>
<td>13 June-17th June</td>
<td>$18.70</td>
<td></td>
</tr>
<tr>
<td>Spelling</td>
<td>15th June</td>
<td>$12.10</td>
<td></td>
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<tr>
<td>English</td>
<td>2nd August</td>
<td>$8.80</td>
<td></td>
</tr>
<tr>
<td>Mathematics</td>
<td>16th August</td>
<td>$8.80</td>
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</tr>
</tbody>
</table>

Please circle payment method:

- cash
- cheque (made payable to Maria Regina)
- credit card

CREDIT CARD PAYMENT
Please debit my □ Mastercard □ Visa

Card Number

Expiry date

Payment Amount $

Cardholder's Name (Please Print)

Signed ___________________________ Date ___________________________