FROM THE PRINCIPAL

Congratulations
Congratulations to Vianney and Chris Boon on the birth of baby Harvey. Xavier in kindergarten, Hugo and Sybella are very excited about the arrival of their new baby brother.

Welcome
We warmly welcome Chloe Thompson, new student to the Kindergarten and parents Troy and Melissa to the Maria Regina Community.

Family Mass Tomorrow at 5pm
We look forward to seeing many families at the 5:00pm Mass on Saturday evening. This Mass is being coordinated by the year 2 class.

Free Parent Seminar The digital child Apps for Learning and Creativity
This is a reminder about the free parent seminar next Thursday evening. Kate Highfield from Macquarie University will be running a hands on session showing high quality Apps for children to use from Pre school through to year 6. Kate’s area of expertise is examining young children’s play with technology, with a focus on touch technologies, including iPads, iPods, iPhones and android devices. Her work examines digital play, in both home and educational settings, examines young children’s interactions and the impact of multi-media on play.

Please RSVP if you are attending.

Year 5 and 6 Excursion to Canberra
The year 5 and 6 students had a wonderful excursion to Canberra last Monday and Tuesday. They participated in a variety of educational programmes focusing on Australian history, culture, heritage and democracy. Thank you to Lynne Pike, Grant Colquhoun, Cathy Penning and Student Teacher Steven Buekers for organising this excursion and being so generous with their time.

KidsMatter
Our KidsMatter Action Team attended a training day at Terrigal on Wednesday in preparation for implementation of the program at Maria Regina. Please note there will be a Pupil Free day on the first day of Term 4, October 8th. Maria Regina will be joining with the staff of St Kevin’s Dee Why for the KidsMatter training component 1.

Pittwater’s Got Talent Competition Postponed
Please note that Pittwater’s Got Talent Competition scheduled for this term has been postponed. New dates will be advised when they become available.

P and F General Meeting
The term 3 P and F General Meeting will be held after assembly next Friday 9th August.

CSO 2012 Annual Report
The Catholic Schools office have made available the 2012 Annual Report. This is the first time it has been presented in digital format. Maria Regina is one of the four schools used in the photos for the report. Link to Annual Report
Respecting others is one of our school rules. Over the past couple of weeks I’ve had a few opportunities to work closely with several students on how we can make better choices when we respect each other.

This article below is a good one to read-

God is worthy of our respect because He created the heavens and the earth and all that is in them, including us! He is more awesome and powerful and greater than any other being. He has provided us with everything that we have (e.g. house, clothing, food, friends, family, etc.). Without God, none of us would be alive. In Him we live and move and have our being (Acts 17:24-28).

One of the ways we can show respect and honour for God is by verbally acknowledging who He is as David did in 1 Chronicles 29:10-16. Another way to honour God is by giving Him our best. “Our best” may mean dressing carefully for church. It means offering God the first part of our allowance called a “tithe.” When we honour God, it means we give Him our full attention, focusing on Him instead of other things during worship.

When we refer to ourselves as Christians, we are calling ourselves by “Christ's name.” We honour his name when we treat others, as God wants us to, with love, respect and consideration. We can dishonour God by fooling around in church, thinking of other things during worship, honouring other things more than we honour God and by keeping all of our allowance for ourselves. We also dishonour God when we say that we love Him and then turn around and treat others with disrespect.

In conclusion, take time to pray with your children, asking God to help all of us to behave in a way that honours God and shows respect to each other.

**Year One and Two Excursion:**

Year 1 and 2 had a great experience on Thursday 1/8/13. We walked down to Avalon village to visit local businesses.

We visited the Iyengar yoga studio where Jo Longhurst is the teacher. It was interesting to see the people using ropes and blocks to help them with stretches. Some of us even got a turn.

We then went to the Chicken shop. Robert showed us how he cooks the chickens on the rotisserie; we found out that 3.5 chickens go into one chicken pie.

We visited Jodie the pharmacist. We learnt that people with low blood sugar need jelly beans. She showed us how she mixes medicine with a mortar and pestle. She also showed us how she creates creams with herbs, lotions and a spatula.

We visited Peter from Avalon Village meats. He showed us how to make sausages. They make 150 kilos of sausages a week! We learnt the skin of the sausage is the intestine of a pig! Delicious!

Adriana from the Post Office revealed how the mail is sorted. She explained how the post boxes are organised and tested our knowledge. Some of us got prizes.

We visited Avalon Physio. We saw patients using Pilate’s equipment.

At Mitre Ten James showed us how to mix paint. This was interesting. He used a computer to help him. We got to choose a colour from the colour charts to take home.

We were also fortunate to visit La Banette. We watched the chefs making pastry. We learnt the bakers start at 2am in the morning! We enjoyed a scrumptious chocolate box with strawberries. It was very tasty.

Overall it was a good learning experience. We enjoyed learning from our local businesses.

*By Elsa McLean, Jamie Holmes and Leo Barron*
Public Speaking:
Our school competition has been very successful. Next week two students from each class will be nominated to participate in the Maria Regina Finals which will be held in the hall on Friday 9th August at 1:45pm.

Australia My Country Competition:
Congratulations to the following students who entered the Australian My Country Competition. These students received certificates at assembly: **Year 4 students** - Maya Preziuso, Harry Schaut, Tom Cazalet and Lara Walsh. **Year 3 students** - Sarah Cassidy, Ryleigh Crawley, Aiden Flynn, Remy Garner, Poppy Irvin, Genevieve Kelly, Sebbie Meacham and Noah Wise. **From Year 2** - Sienna Amoah and from **Kindergarten** – Allegra Stritt. We were thrilled to announce that the following children were awarded places from the Maria Regina cohort - Sebbie Meacham **third place**, Tom Cazalet **second place** and Allegra Stritt **first place**.
Well done to all the students who entered.

On Monday, July 29th, the students from Year 5 and 6 woke up to the sounds of silence and headed off to Canberra on an exciting and educational journey. We participated in a wide variety of educational programmes focused on Australia’s history, culture, heritage and democracy.

The Australian Government recognizes the importance of all young Australians being able to visit their National Capital as part of their civics and citizenship education. To assist parents in meeting the cost of the excursion the Australian Government is contributing funding of $20 per student under the Parliament and Civics Education Rebate Programme towards the travel expenses incurred. This contribution is paid directly to the school on the completion of the excursion.

We would like to thank the Australian Government for their support of this programme.

During our travels we toured: the Australian War Memorial, Parliament House, had a tour of the various Embassies and learned how to conduct preferential voting at the Electoral Education Centre situated in Old Parliament House. We also visited and took part in incredible scientific explorations at Questacon.

The excursion was a rewarding experience for all students.

Lynne Pike, Grant Colquhoun and Cathy Penning- Year 5/6 Teachers

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SCHOOL CALENDAR

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<thead>
<tr>
<th>Week 4</th>
<th>5 August</th>
<th>6 August</th>
<th>7 August</th>
<th>8 August</th>
<th>9 August</th>
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<tr>
<td></td>
<td>Band Performance</td>
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<td>Parish Miss Yr. 5/6E &amp; O</td>
<td>8:45 Assembly</td>
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<td>10am Yr 3 Reconciliation</td>
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<td>Dance Fever</td>
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FROM THE REC

What world are we leaving our children? Maybe it would be better to ask, ‘What children are we giving this world?’ (Pope Francis)

Family Mass (Confirmation enrolment)
Our next Family Mass will take place THIS Saturday night in Maria Regina church at 5pm. This is also the enrolment Mass for the Sacrament of Confirmation. It is mandatory for all students making their Confirmation to have enrolled for this Sacrament. Students will also be able to enroll at the Sunday morning Mass at Maria Regina or any of the Masses over the weekend of 10th/11th August at Sacred Heart, Mona Vale. We look forward to seeing everyone at our Family Mass tomorrow night!

Parish Mass / Reconciliation
Next Thursday 8th August, Year 5/6 will be attending the Parish Mass at 9:15am and Year 3 will be attending Reconciliation at 10am at Maria Regina Church. We welcome any parents and friends to join us.

Assumption Mass
There will be a whole school Mass on Thursday 15th August at 9.15am to celebrate the feast of the Assumption. The Assumption of the Blessed Virgin Mary into Heaven at the end of her earthly life is celebrated every year and it commemorates the death of Mary, her bodily assumption into Heaven and her passing into eternal life. Students from Mater Maria Catholic College will be joining us for Mass. All parents and friends are warmly invited to attend.

Mary of the Cross Feast Day
On Thursday 8th August, we celebrate the feast day of Saint Mary MacKillop. Together with the Reverend Julian Tenison Woods, she founded the Sisters of St Joseph of the Sacred Heart, a congregation of religious sisters which established a number of schools and welfare institutions throughout Australasia, with an emphasis on education for the rural poor. We will be commemorating her life during a short liturgy during school hours this Thursday.

SCHOOL INVOICES
Invoices were sent home via your child’s class teacher yesterday. Payments need to be brought up to date without delay to help us meet our financial commitments and provide valuable resources for your children. Some payments have not been made in quite some time for a number of our families and payment must be attended to. Thank you.

CANTEEN ROSTER
Week 7 August 27th, Week 8 September 2nd and Week 9 September 9th we are desperate for volunteers. If we do not have any helpers for these dates we will not be able to open the canteen. If you can help please let Mrs Sprakel in the office know. Thank you.

EXTRA TO CANTEEN MENU FOR A TRIAL
Low fat.......Frozen Mango Yoghurt $1.50 on sale on Monday.

UNIFORMS
We now have a stock of sports uniforms, sloppy joe’s and hats.

SECOND HAND UNIFORMS
If anyone has any uniforms that are not in use please think of giving them to the Second Hand Shop. We are desperate for sizes 10 – 14 in both girls and boys uniforms.

LOST PROPERTY
It is getting very hard to enter the office area because the basket of “Lost or Forgotten Property” is busting out all over. A lot of the items have names on them so it would be very easy for the students to “find” their item of clothing they have lost. There are also a lot of items that have been purchased from the second hand shop that have the students names on who have left on them. Please if you purchase any item from the Second Hand Shop please remove the previous name.

FROM THE LIBRARY

Poster competition
The poster competition closed today. Winners will be announced next week.

Alien competition
You still have several weeks to work on making your alien. Don’t forget to give your alien a name and tell us where it came from. (See attached poster for more details.)
Mathematics Challenge for Young Australians
2013 Challenge Student Results

This term, five of our talented Year 5/6 students were chosen to enter the Mathematics Challenge for Young Australians. These students participated in a three week challenge, working with a partner to solve a variety of complex mathematical problems.

Youki Rosewarne, Samuel Beynon, Sophie Sheppard, Manon Garner and Jemima Guberina were our participants.

Their results were outstanding, with each student receiving a distinction - the highest possible primary achievement.

We would like to congratulate these students on their enthusiasm and application in mathematics.

KNITTING

Wrap With Love

Mona Vale Library is having a Knit-In for Wrap With Love on Friday 9th August from 9am to 5pm. Everyone is invited to come and to help make the day a great success. Please bring your knitting needles and wool/yarn or your knitted squares, a needle and scissors for sewing up. If you are unable to come on the day squares can be dropped off at the Library now and other willing people will sew them up. The size of the squares is 25cm x 25cm or 10 inches x 10 inches using 8 ply wool. Thinner wool/yarn can be used to make an equivalent to 8 ply. It takes 28 squares to make a blanket.

Come and have a good time. Hope to see you there
Liz Daly
The school invites any child who plays a musical instrument to perform at a Friday assembly. It is a great opportunity for our budding musicians to perform in front of an interested and positive audience. Chopsticks or Rachmaninoff, solo or small ensemble performances are all equally welcomed. Can you email me if your child would like to perform at a Friday assembly.

Regards, Katherine Beynon
katherinebeynon@gmail.com

Canteen Volunteers for Terms 3 and 4 2013

If you can help at canteen during Terms 3 and 4, on a Monday, please complete the form below and return to school so a roster can be made up. These are always fun days for the volunteers plenty of cooking tips and laughs. Thank you for your continued support and assistance. 3 volunteers makes the day go faster and that way if someone is running late or sick it makes it easier for the other volunteers. Please return the completed slip below to Denise in the school office.

Unfortunately if we do not have volunteers to help on a date we will not be able to open the canteen for recess or lunch orders.

<table>
<thead>
<tr>
<th>Week 2</th>
<th>Week 3</th>
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<tbody>
<tr>
<td><strong>MARIA REGINA BAND</strong></td>
<td><strong>MARIA REGINA BAND</strong></td>
</tr>
<tr>
<td>Harriet Beynon</td>
<td>Cooper Johnson</td>
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<tr>
<td>Joel Neasmith</td>
<td>Joshua Sergeant</td>
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</tbody>
</table>

**BIRTHDAYS**
Xavier Harding
Noah Wise

**Awards**

**Canteen Volunteers for Terms 3 and 4 2013**

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**TERM 3 Monday 9am – 2pm**

<table>
<thead>
<tr>
<th>Week 4</th>
<th>Week 5</th>
<th>Week 6</th>
<th>Week 7</th>
<th>Week 8</th>
<th>Week 9</th>
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<tbody>
<tr>
<td>5th August</td>
<td>12th August</td>
<td>19th August</td>
<td>26th August</td>
<td>2nd September</td>
<td>9th September</td>
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<tr>
<td>Imelda Flynn</td>
<td>Rhonda Horder</td>
<td>Imelda Flynn</td>
<td>Sarah Van Reyswood</td>
<td>Imelda Flynn</td>
<td>Sarah Van Reyswood</td>
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<tr>
<td>Sarah Van Reyswood</td>
<td>Michelle Kerr</td>
<td>SOS</td>
<td>Sue Fisk</td>
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<tr>
<td>Joannne Hutchins</td>
<td>Cassie Preziuso</td>
<td>Zorana Oxborn</td>
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**TERM 4 Monday 9am – 2pm**

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<th>Week 1</th>
<th>Week 2</th>
<th>Week 3</th>
<th>Week 4</th>
<th>Week 5</th>
<th>Week 6</th>
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<tr>
<td>9th October</td>
<td>14th October</td>
<td>21st October</td>
<td>28th October</td>
<td>4th November</td>
<td>11th November</td>
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<tr>
<td><strong>PUBLIC HOLIDAY</strong></td>
<td>Yvonne Eden</td>
<td>Imelda Flynn</td>
<td>Rhonda Horder</td>
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<tr>
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<td>Michelle Kerr</td>
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<td>SOS</td>
<td>Cassie Preziuso</td>
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**SCHOOL HOLIDAYS**

**END OF TERM 3**

**TERM 4 Monday 9am – 2pm**

<table>
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<th>Week 7</th>
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<tr>
<td>18th November</td>
<td>25th November</td>
<td>2nd December</td>
<td>9th December</td>
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<td>Imelda Flynn</td>
<td>Imelda Flynn</td>
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<tr>
<td>Sarah Van Reyswood</td>
<td>SOS</td>
<td>CANTEEN CLOSED, HELPERS NEEDED TO CLEAN</td>
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**END OF TERM 4**

**END OF YEAR**

**Name:** ________________________ (Please print)

**Contact Number** ________________________ **Signed** ________________________

**END OF YEAR**
MARIA REGINA
SCHOOL MUSICAL

The 2013
REGGIE
AWARDS

TUESDAY AUGUST 20TH
7PM  BARRENJOEY HALL
TASMAN RD, NORTH AVALON
$20 ADULT
$10 CHILD/TODDLER

TICKETS ON SALE FROM
WEDNESDAY, 7th AUGUST
Make your own ALIEN

Include

The name of your alien

Where it comes from

Why it is coming to Earth and

Suggest a good book for it to read
The DPC invites you to the following presentations by Broken Bay Catholic Schools Office, Education Officers.

**A Parent Guide – Helping with Literacy at home K-6**  
Presenter: Virginia Outred / Jane Denny – Education Officer / Literacy

In this session you will gain a basic understanding of how your children learn to read, develop comprehension skills and how you can help the process at home.

**Date:** Friday 9th Aug  
**Time:** 9.30am-11.00am  
**Venue:** St John the Baptist, Freshwater

**Date:** Tues 27th Aug  
**Time:** 8.45am-10.15am  
**Venue:** St Brendan’s, Lake Munmorah

**Early Years Learning (3-8yrs) Outside the School Wall**  
Presenter: Sally Harrison – Education Officer / Early Childhood

The early years are critical for lifelong learning and social and emotional development. This session will provide families with strategies to develop play-based enquiry learning at home and how this relates to learning at school.

**Date:** Tuesday 6th Aug  
**Time:** 7pm-9.30pm  
**Venue:** Sacred Heart, Pymble

**Date:** Tuesday 13th Aug  
**Time:** 9am -10.30pm  
**Venue:** St Mary’s Manly

**Date:** Tuesday 20th Aug  
**Time:** 11am-12.30am  
**Venue:** O.L.S.S., Tarrigal

**Student Support – Every Child Counts**  
Presenter: Marie Seaford – Education Officer/Student Support

This session will provide strategies to support students with disabilities/special needs, and learning difficulties in the Broken Bay Diocese. It will also include an outline of the disability framework.

**Date:** Tuesday 3rd Sept  
**Time:** 7pm-8.30pm  
**Venue:** O.L.R, The Entrance

**Date:** Friday 6th Sept  
**Time:** 9am-11am  
**Venue:** St Joseph’s, Narrabeen

To R.S.V.P. Please press Ctrl then click here  
No child minding will be available but children welcome  
www.brokenbayparentcouncil.com