FROM THE PRINCIPAL

We warmly welcome the staff of 2015

Principal - Mrs Kathy Gee
Acting Assistant Principal – Mrs Jane Labone
Acting Religious Education Coordinator– Ms Christine Dunk
Senior Administration Officer – Mrs Denise Sprakel
Newsletter publication and Website – Mrs Janette Lamb

Kindergarten— Ms Caroline Mulvenna
Year 1— Mrs Rebecca Billing
Year 2— Mrs Jane Labone
Year 3— Mrs Lynne Pike
Year 4 – Ms Christine Dunk
Yr5/6 Earth— Mrs Angela Westerway / Mrs Alexis Conn
Years 5/6 Ocean - Mr Grant Colquhoun

Teacher Librarian/ School Improvement /Community Engagement – Mrs Caitlin Remeeus
Learning Support- Mrs Chris King
PE—Mrs Stephanie Munro
Art – Mrs Cathy Penning
Japanese – Ms Kiyoka Kubo
Learning Support Assistant – Mrs Kathy Bell

New Students
We warmly welcome the following new students and their families to the Maria Regina community
Storm Beckett (K), Mace (K), Lois (2) and Romy Behdasht ( 4), Orlando Colley (K), Lulu Gregory (K), Marina Haverkamp (K), Charlie King (K), Ivy Neal (K), Charles (K) and Jack Riches (5), Austin Price (1), William Dawson (2) and Bella Dawson (3).

Beginning of School Year Mass
Thank you to Christine Dunk for organising our beautiful Beginning of Year Mass this morning. It was wonderful to see so many parents in attendance. The children were extremely well behaved and our Musicians were outstanding. During this special Mass Father George blessed and commissioned our student leaders for 2015.

Our student Leaders for 2015
School Captains: Maya Preziuso and Cooper Johnson   Vice Captains: Bella Pearce and Jesse Amoah
Gold Colour House Captain: Asher McLean
Band Captains: Aiden McKechnie, Harry Schaut
Positive Behaviour Learning Team: Harry Brinkley, Joel Neasmith, Jack Thompson
Social Justice /Environment Team: Tom Cazalet, Sam Vitagliano, Bayley Degotardi
IT Team: Colm Holmes, Thomas Kerr
Library Team: Yannick Marot, Mat Martin
Art Team: Eirinn O’Brien, Yasmin Heyes, Faith Phoenix

Our Student Representative Council Members for 2015:
YR 6 Harriet Beynon and Tom Cazalet
YR 5 Poppy Irvin and Marcus Woods
YR 4 Elsa McLean and Charlie Johnson
YR 3 Zannah Dixon and Jack Martin
YR 2 Lois Behdasht and Max Connell
YR 1 Georgie Geftakis and Byron Sergeant
Kinder Marina Haverkamp and Thomas Briggs
Monday 9th February Parent Information Evening, P and F Welcome Drinks

On Monday evening 9th February the teachers will be presenting a parent information session in the classrooms. 

**Years 3-6** will have 2 sessions one at **6:00pm** with a repeat session at **6:30pm**.

**Kindergarten, Yr 1 and Yr 2** will have one session at **6:30pm**. At the conclusion of the information sessions the P and F Team will be hosting welcome drinks in the school hall. We hope you can come and are looking forward to seeing you there. Please RSVP to mra@dbb.catholic.edu.au.

*Please note that the information sessions and drinks are for the parents and the children are not required to attend.*

**Road Safety Guidelines.**

Attached as a pdf is the Maria Regina Road Safety Guidelines. Please take the time to read this carefully. Please note that any child who rides a bicycle or wheeled device must fill in a permission note signed by the child and the parent.

**Swimming Carnival**

The School Swimming Carnival will be held at the Warringah Aquatic Centre, Aquatic Drive, French’s Forest on **Tuesday 17th from 12 noon until 3:00pm**. The children will come to school as usual and buses will transport them to the Aquatic Centre in time for a 12noon start. **Please Note** there will be no buses booked for the return journey. Information and entry forms will be sent home today.

**Open Days**

We have 2 Open Days coming up this term. The first one is on **Tuesday 24th February** and we are pleased to announce that the Manly Sea Eagles are sponsoring a breakfast and 2 Manly Sea Eagle players will be in attendance. Everyone is invited and we hope you can spread the word to families that may have preschool age children to come along and drop in for breakfast.

![Maria Regina Open Days]({{site.base_url}}/assets/images/maria-regina-open-days.png)

**New Class Parents**

Due to the new Privacy Legislation the school cannot give out any email information. If you wish to be contacted by your class parents please email them on the emails listed.

<table>
<thead>
<tr>
<th>Class</th>
<th>Name</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kindergarten</td>
<td>Ruth Gregory</td>
<td><a href="mailto:rnrgregory@bigpond.com">rnrgregory@bigpond.com</a></td>
</tr>
<tr>
<td></td>
<td>Skye Patterson</td>
<td><a href="mailto:skye@reflectivegardens.com.au">skye@reflectivegardens.com.au</a></td>
</tr>
<tr>
<td>Year 1</td>
<td>Skye Nolan Brown</td>
<td><a href="mailto:skyenolanbrown@tpg.com.au">skyenolanbrown@tpg.com.au</a></td>
</tr>
<tr>
<td></td>
<td>Jacqui Buckley</td>
<td><a href="mailto:jacqui.buckley@hotmail.com">jacqui.buckley@hotmail.com</a></td>
</tr>
<tr>
<td>Year 2</td>
<td>Elyssa Neufeld</td>
<td><a href="mailto:elissa@cohesivebydesign.com">elissa@cohesivebydesign.com</a></td>
</tr>
<tr>
<td></td>
<td>Vianney Boon</td>
<td><a href="mailto:vianneyboon@gmail.com">vianneyboon@gmail.com</a></td>
</tr>
<tr>
<td>Year 3</td>
<td>Janette Lamb</td>
<td><a href="mailto:jan@lambsinoz.com">jan@lambsinoz.com</a></td>
</tr>
<tr>
<td></td>
<td>Sharon Martin</td>
<td><a href="mailto:sharpat4@yahoo.com">sharpat4@yahoo.com</a></td>
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<tr>
<td>Year 4</td>
<td>Sue Fisk</td>
<td><a href="mailto:sfisk@ihug.com.au">sfisk@ihug.com.au</a></td>
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<tr>
<td></td>
<td>Sally Watkins</td>
<td><a href="mailto:watkins2107@bigpond.com">watkins2107@bigpond.com</a></td>
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<tr>
<td>Year 5</td>
<td>Steve Meacham</td>
<td><a href="mailto:meacham_steve@yahoo.com">meacham_steve@yahoo.com</a></td>
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<tr>
<td>Year 6</td>
<td>Kath Beynon</td>
<td><a href="mailto:katherinebeynon@gmail.com">katherinebeynon@gmail.com</a></td>
</tr>
<tr>
<td></td>
<td>Cassie Preziuso</td>
<td><a href="mailto:cprez@bigpond.net.au">cprez@bigpond.net.au</a></td>
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</table>
FROM THE ACTING ASSISTANT PRINCIPAL

Positive Behaviour for Learning
Maria Regina Catholic School has adopted a whole school approach to bring about positive behaviour; Positive Behaviour for Learning. This approach has a strong emphasis on teaching appropriate behaviours and providing systems of support to bring about these positive behaviours. We aim to provide a safe and supportive environment in which learning takes place.

Our policy recognises that the staff, students and parents all share the responsibility for behaviour management, with a positive and pastoral outlook for all.

Our 3 main school rules are:

RESPECT YOURSELF, RESPECT OTHERS and RESPECT THE PLACE WE ARE IN.

Every Monday after morning tea every class gathers in the hall to talk about our PBL rules and expectations. Our PBL leaders revised the three school rules with us this week. Children receive tokens when they follow school rules and expectations.

All children have a "Making a Difference "book that is kept at school where they store the tokens collected throughout the year. At the school assembly, students receive a certificate announcing they have complied with the PBL rules. Tokens and awards are as follows:

- 10 tokens = blue certificate
- 20 tokens = blue certificate
- 30 tokens = bronze certificate
- 40 tokens = silver certificate
- 50 tokens = gold certificate

It has been pleasing to see the children following the rules and expectations consistently.

FROM THE OFFICE

SCHOOL ACCOUNTS
All school accounts have been emailed out to parents. The first email was sent from the Catholic Schools Office in early January. The second email was sent out on Tuesday for the end of month reporting for January. If you received your statement on Tuesday and had paid your account over the weekend by BPay the amount you paid would have appeared as a credit it generally takes 2-3 days to appear on the school statement. If you have not received your statement please contact me in the office. If you want to change your method of payment please also see me in office so it can be organised. Please remember if you are paying by the three schedule payments the first payment is due 23/2/15. If you are paying by weekly, fortnightly or monthly please ensure your payments are kept up to date. The school relies on payment being paid on time so we also can pay our commitments.

CANTEEN NEWS
This year we have a few new items on the menu that have all been approved by the Healthy Kids Register. The menu is attached to this week’s newsletter. When ordering your child’s lunch on a Monday please make sure that you don’t order ice blocks for lunch with the lunch order. Ice blocks are ordered from the canteen after the students have eaten their lunch.

CANTEEN VOLUNTEERS
Attached to this week’s newsletter you will notice that we have an SOS for a couple of the days for volunteers to help in the canteen. The canteen needs three helpers on a Monday preferably from 9am – 1.30pm but, if you can only help from 9am – 11.15am please let me know. The busy time is the morning preparation and the rush for recess.

SCHOOL LIFT
The School Lift is out of action until further notice.

Denise Sprakel
Senior Administration Officer
FROM THE REC

Being joy-filled in 2015
Each year, Father George reflects on a particular theme within the context of the Parish Vision, Mission and Values. Here is a small excerpt from his Message for 2015:

"We enthusiastically celebrate all aspects of Parish life."

The theme I have chosen for this coming year is “joy”. Joy is not always a word that we hear associated with our Catholic faith. Instead, we tend to hear it in our society more associated with a particular way of life: Find joy in this or that product! Enjoy yourself! Rejoice in what you have! However, in the past 12 months we have seen joy return to the front of Catholic consciousness through the work of Pope Francis.

Key in Francis’ message is that joy should be returned to the centre of our Catholic faith and become an integral part of our proclamation of this faith in the world.

What is joy? The dictionary defines joy as an emotion of great delight or happiness caused by something exceptionally good or satisfying. It is also defined as a state of happiness. In our rich Catholic tradition, joy is a state of soul equated with happiness and it is also defined as one of the fruits of the Holy Spirit. To be joyful according to this definition is to live a flourishing life, not in an individual sense, but in communion with other people and with God.

If you would like to read the full message go to: http://www.pittwaterparish.org/Relatively-Fixed/being-joy-filled

Upcoming Events

Week 3

Thursday 12th Feb  
Year 1 and Year 2 will be attending Mass with the Parish at 9:15. Everyone is welcome to join us.

Saturday 14th Feb  
Year 3 & Year 4 Family Mass at 6pm. We would love to have as many of our school families as possible to join us for our first Family Mass of 2015.

Week 4

Wednesday 18th Feb  
Ash Wednesday – our whole school will be attending Mass at 9:15 to begin our Lenten Journey.

Messages from the Parish

Bishop Peter Comensoli will be visiting our parish and will celebrate Mass at Sacred Heart Church on Sunday 15th February 2015 at 6pm. A sausage sizzle and drinks will follow. All are welcome to come and meet our new Bishop.

BIRTHDAYS during the holidays

Asher McLean
Sahara Collis
Zannah Dixon
Sam Vitagliano
Max Connell
Xavier Boon
Ivy Neal
Jai Manfield
Harry Briggs
Harry Schaut
Jack Neufeld
Patrick Brennan
Harrison Brinkley
Manon Preziuso

BIRTHDAYS this week

Yasmin Heyes
Lincoln Ryan
Isabella Fisk
CANTEEN VOLUNTEERS FOR TERM 1 2015

If you can help in canteen during Term 1, on a Monday, please complete the form below and return to school so a roster can be made up.

These are always fun days for the volunteers plenty of cooking tips and laughs. Dad’s Grandparents and special friends are also welcome. Unfortunately if we do not have enough helpers the canteen will not be able to open on that date.

If you would like to join this fun team of volunteers please complete the tear off slip below and return to Mrs Sprakel in the school office. This year we plan to have some extra yummy special items on our canteen menu. Please tick when you are able to assist in the canteen and return the form to the office. Thank you.

TERM 1 Mondays 9am – 2pm

<table>
<thead>
<tr>
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<th>Week 6</th>
<th>Week 7</th>
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<td>2nd March</td>
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<td>Kath McKenzie</td>
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SOS 1 HELPER NEEDED

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<tr>
<td>Kea Price</td>
<td>Skye Patterson</td>
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<tr>
<td>SOS 1 HELPER NEEDED</td>
<td>Margarita Playoust Colley</td>
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SCHOOL HOLIDAYS

Name: __________________________________________(Please print)

Contact Number: _______________________________ Signed: ____________________________
Maria Regina’s Healthy Canteen Menu For 2015

Morning Tea Specials

Garlic Bread  $0.50
Cheese Toasty  $0.50
(Melted cheese & tomato paste on Lavish bread)
Pikelets with butter/plain/honey or jam  $0.50
Home made fruit muffins when available  $0.50

Lunch - Rolls only

Salad (lettuce, tomato, avocado, cucumber & carrot)  $3.50
Ham  $3.00
Ham and Salad  $4.00
Ham and Cheese  $3.00
Ham, Cheese and Tomato  $3.50
Tuna  $3.00
Cheese  $3.00
Baked Beans  $3.00
Egg & Mayonnaise  $3.00
Cheese and Tomato  $3.00
Vegemite/Jam/Honey  $2.00
Extra filling per filling  $0.50
( beetroot/avocado/mayonnaise/cheese/Tomato/ham)

Please note that no matter how much filling is in the roll the cost is $4.00.

Hot Food

Hot Ham/Cheese/Tomato Roll  $3.50
Hot Roll Combo (same fillings as cold rolls) Same price as cold rolls
Hot Chicken Burger (Chicken burger with mayo, lettuce on a bun)  $4.00
Hot Beef Burger  $4.00
(Beef Burger with tomato/lettuce & choice of Tomato sauce or BBQ sauce on a bun)
Hot Pie with or without sauce  $1.50  90gms size

Special Pizza

Muffins  2 muffin halves for $2.00

Ham & Cheese  $2.00
Cheese  $2.00
Ham, Cheese & Pineapple  $2.00

Salad box -  $4.00

lettuce, tomato, cucumber, carrot, cheese,
beetroot, avocado with your choice of Ham, Tuna
- choice of Mayo or Italian dressing

Drinks

Flavoured Milk (Chocolate/Strawberry)  $2.00
Fruit Juice (orange/apple)  $1.50

Frozen Snacks

Streets Paddlepops (chocolate/banana)  $1.50
Moosies (chocolate/strawberry)  $1.00
Calyce New Flavours -
Wild Berry, Tropical, Orange & Lemon  $1.00
Funny Finger  $1.00
Joy Discovered in
The Lenten Scriptures

Dear Fellow Parishioners,

You are invited to two adult education sessions for Lent presented by Dr Michele Connolly rsj.

Tuesday 10th February
(the Gospel of Mark Lenten Sundays will be explored)

and Tuesday 24th February
(the Gospel of John will be explained)

7.30pm until 9pm.
Sacred Heart, Parish Centre

All are welcome please come and join us - from the Adult Education Co ordinators

“The joy God offers us in the Scriptures is not surface entertainment or jollying up. The joy God offers taps into the deepest forces in our world and in ourselves; it is all the more real, powerful and lasting for this.”